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Less work, more productivity

Some companies are recognizing that successful employees must be able to escape from work in order to deliver more

PAGE 15

Russian ballet star gets 6 years for acid attack

Case highlighted backstage bickering at the Bolshoi

PAGE 13

HOW LOVE WAS GOOD FOR BUSINESS, ACTUALLY

ON ITS 10TH ANNIVERSARY, METRO LOOKS AT THE STARS TO EMERGE FROM ICONIC HOLIDAY FILM

PAGE 17



YOU'VE BEEN WARNED

Calgary's first snow-route parking ban of the winter and fifth ever takes effect at 9 a.m. Wednesday morning. New this year: The Calgary Parking Authority will be using its camera cars to catch people who ignore the ban and leave their vehicles parked on streets marked by signs like these. For more information, check out our story on page 3. METRO FILE

CBE adds 45 staff in face of student surge

Crammed schools.
Province kicks in additional \$9 million



JEREMY NOLAÏS
jeremy.nolais@metronews.ca

Calgary public schools have seen their staffing positions boosted by a few dozen positions as they combat unprecedented student enrolment and crowded classrooms.

The 44.8 full-time equivalent Calgary Board of Education positions were brought on after final student head counts were completed Sept. 30. They will be subsidized by an additional \$9 million provided by the provincial government as the board, which has grown

substantially in recent years, saw even more students pass through its doors in September than anticipated.

The funding is passed down to schools where enrolment jumps surged past expectations and a CBE spokesperson said Tuesday that principals determine whether it would be utilized by hiring teachers, educational aides or other student-focused positions.

But the head of the Alberta Teachers Association local said the additional staff won't come close to addressing claims of high schools crammed with more than 40 students and questioned whether the money was used properly.

"We have calculated that a teacher costs roughly \$100,000, salary and benefits included," said Local 38

president Frank Bruseker. "By my calculations, they spent about \$200,000 per staff — where are the other 45?"

But Brad Grundy, CBE superintendent and chief financial officer, said adding teachers involves more than just hiring on another body.

"That (money) also funds temporary teacher salaries ... it provides for their supplies in the school, it also provides for any kind of capital purchases that they need — projectors, smart boards, those kinds of things," he explained shortly before presenting a financial report that outlined the additional funding to trustees.

"There's also some centrally managed funds that support schools, so if you're on an extended leave, those funds get replenished as well," Grundy added.



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Das Auto.

*Base MSRP of a new and unregistered 2014 Passat 2.5L base model with 5-speed manual transmission is \$23,975, including \$1,395 freight and PDI, \$6.25 AMVIC fee, \$4/tire recycling levy and \$100 air conditioning levy. License, insurance, registration, any dealer or other charges, options and other applicable taxes are extra. Dealer may sell for less. Dealer order/trade may be necessary. Visit vw.ca or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo and "Passat" are registered trade-marks of Volkswagen AG. © 2013 Volkswagen Canada.

Biz group. Calgary's ParkPlus getting high praise

Calgary's ParkPlus technology has been so popular in Edmonton since being introduced on a trial basis last June that a downtown business advocate expects a backlash when the plug is pulled on the pilot project in January.

"People have caught on to it so quickly," said Jim Taylor, executive director of Edmonton's Downtown Business Association. "It's certainly going to be missed."

By that time, the Calgary Parking Authority should have gathered a host of plans to broadly commercialize its automated parking system, as the request for proposals it issued last week closes on Jan. 21.

"We're very excited about the opportunity coming forward and look forward to the responses that we'll be getting in the next month or so," CPA general manager Troy McLeod said Tuesday. "We're looking to have a master licensee or licensees to provide the technology to other jurisdictions."

Taylor said Edmonton has been "woefully behind" on parking technology and he fully expects the city will adopt Calgary's ParkPlus system — branded EPark in the provincial capital — once the pilot project is over, although the city will legally have to explore other options, too.

As for the potential of selling the technology to other jurisdictions, Taylor said Calgary likely has a valuable product on its hands.

"I think you'll do well," he said. **ROBSON FLETCHER/METRO**

Smile, but move your car too: You may be on candid camera



Drivers who ignore the parking ban can now expect to get a ticket in the mail. **METRO FILE**

For the first time, violators of the snow-route parking ban set to take effect Wednesday morning can be caught on camera, as the Calgary Parking Authority plans to employ "automatic enforcement" as it does for regular parking violations.

"That wasn't used last year; we did manual enforcement," said CPA general manager Troy McLeod. "Now we're dispatching our fleet to support roads operations

with the photo-enforcement vehicles."

Calgary plans to enact the parking ban at 9 a.m., a time the city selected based on feedback from Calgarians in winters past.

"We heard that we were calling it too early or we were calling it too late, so 9 a.m. seemed like a good time because people are on their way to work, and it's just after the morning rush hour," transportation spokesperson Julie

Yepishina-Geller said.

Once in place, cars owners who don't move their vehicles face fines of up to \$75.

The ban can last up to 72 hours and remains in effect even once plows have passed through a given area.

"If it does start snowing again, the plows do return to the same location more than once, so please stay off the roads until the ban has been lifted," Yepishina-Geller said.

ROBSON FLETCHER/METRO

Bigger is better, for organics, recycling

Bringin' out the big ones. Some Calgarians are trying out 360-litre blue bins



BRYAN WEISMILLER
bryan.weismiller@metronews.ca

Calgarians fed up with trying to cram more bottles, cans and cardboard into their blue carts have a chance to try out bigger recycling bins.

Under a city pilot project, up to 200 participants are swapping out their 240-litre recycling carts for 360-litre versions.

"The demand is there," said waste-diversion specialist Parnell Legg on Tuesday, noting active recyclers inspired the

experiment.

Coun. Shane Keating backed the trial, but contended it's "not even close to fair" that some residents are getting even bigger bins when condo dwellers and many other Calgarians don't have any access to curb-side recycling.

"If we're going to do organics, recycling, and waste management then it should be for absolutely every dwelling in the city — rather than just where it's convenient," Keating said.

Bankview condo owner Mike McCarthy cashes in his bottles, but says it's too much hassle to haul his other recyclables to the depot.

"I don't have the time, so I just end up throwing it out," he said. "It becomes the burden for the waste-management company."



Calgary will be testing out recycling bins that are bigger than these. **METRO FILE**

Legg said multi-family recycling is a separate issue, one that's headed back to council in 2014.

If the year-long trial is deemed successful, the city reports it will make the bigger carts more widely available.



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1 NEWS

Medication concerns arise as pharmacy techs face job losses

Regulation. Alberta Health Services says new mandatory test and courses for workers improve patient safety

Kourtney Hart may not know exactly how the right ventricle of the heart functions or the most common size of medication tablets, but she contends she's still a highly qualified pharmacy technician.

Yet Hart and dozens more in her field who wrote a newly required evaluation test failed and now face losing their jobs come December's end.

The evaluation test, administered by the Pharmacy Examining Board of Canada, will be a requirement for technicians working in Alberta come Jan. 1 and applies to all in the field who graduated from post-secondary school prior to 2008.

But Hart, who graduated two years earlier, said many of the questions asked don't apply to her job, which largely involves filling prescription drug orders and mixing intravenous



Pharmacy technicians facing the loss of their jobs after failing a newly required evaluation test are warning that patient safety could be at risk with less-experienced workers filling positions in the field. GRAEME ROY/THE CANADIAN PRESS

concoctions both in hospitals and area pharmacies. She now worries about delays in service and potential safety risks for patients requiring medication.

"The majority of the technicians will be new grads now," she said. "Nothing against new grads, but even after six months of (working) I was perplexed about most of the operation. It's a lot to learn, it's a lot to take in — you don't learn it

all in school."

The Health Sciences Association of Alberta, which represents technicians like Hart, said she's not alone, estimating 15 per cent of 800 technicians working in Alberta have yet to pass the required test — and president Elisabeth Ballermann stressed that the clock is ticking.

But in a statement Tuesday, Alberta Health Services coun-

tered that its counts suggest only five per cent of technicians haven't passed and said staff were first made aware of the impending changes in 2009.

"We have strategies to deal with any potential short-term staffing issues, including re-deploying staff to sites that need help and adjusting hours of work to match patient needs," the statement reads. "Regulation of pharmacy tech-

nicians is important as it helps us ensure patients are getting safe, high-quality medication therapy."

Ballermann said, however, that numerous health-care professions have moved to a regulation model over the years and she's never seen such an onerous process as the one being mandated for technicians. She said even after passing the evaluation test, staff are re-

Quoted



"Yes, we take the courses and tests because we have to, but you have to learn hands-on. It's like being an engineer — every company is different."

Kourtney Hart, a Calgary pharmacy technician who faces the prospect of losing her job at December's end.

quired to complete or challenge the content in four post-secondary-level training courses.

She noted the evaluation test is being introduced across Canada, but many provinces aren't requiring it to be taken until the end of 2018.

"The real question is, when we lose these people, who will be replacing them?" she said. "Without question, these errors (in prescription drug filling) can be fatal.... For us, as patients, this is quite a concern."

JEREMY NOLAIS/METRO

Warning

Alberta threatens to turf seniors' care chain after death

Alberta's health minister says he has warned the head of a national chain of seniors' care homes that if his company doesn't shape up, the prov-



Fred Horne
METRO FILE

following media reports about the death of Violet McDonald

ince will ship them out.

Fred Horne says he sent the message in a phone call to the head of Toronto-based Revera Inc.

in Calgary.

McDonald was a resident

with dementia at the McKenzie Towne Care Centre, which is run by a Revera.

She died earlier this year after being sent to hospital for blood poisoning caused by bedsores that had been neglected for so long, her flesh had begun to blacken and decay. **THE CANADIAN PRESS**

Labour

Public servants OK with wage bill, says Redford

Premier Alison Redford says she's getting a sense from public servants that they understand why she's imposing a wage-restraint deal on

Alberta's largest union.

Redford says they understand her government needs a contract in line with the pay freezes taken by doctors and teachers.

Members of the Alberta Union of Provincial Employees have held numerous demonstrations at the legislature since Redford's government introduced Bill

46 last week.

The bill would remove the right of the 21,000-member union to go to binding arbitration in the current round of bargaining.

It would impose a four-year deal of wage freezes followed by one per cent pay hikes unless the union comes back to the table to negotiate.

THE CANADIAN PRESS

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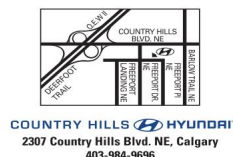
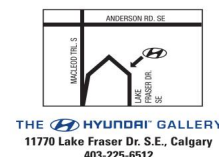
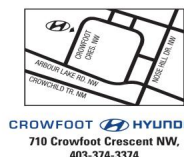
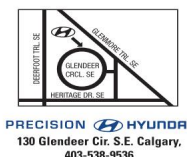
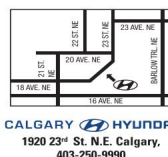
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Snow drifts

Trans-Canada
opened to Brooks

Crews were able to clear snow drifts from the Trans-Canada Highway east to Strathmore on Tuesday, followed by the way to Brooks. The road was initially closed from Calgary to Brooks because of drifting snow after the blizzard conditions in southern Alberta. **METRO**

Lukas Strasser-Hird

Cops seek footage
of alley stabbing

With suspects likely outstanding in a high-profile murder case, detectives issued a plea Tuesday for cellphone pictures or videos of the deadly beating outside a Calgary bar.

Lukas Strasser-Hird was stabbed to death behind Vinyl Retro Lounge on

Nov. 23 following a dustup inside the bar earlier that night.

Cops urged onlookers to send photos and videos to a special email address — homicidetips@calgarypolice.ca — with as much detail as possible, including the time, location and photographer's name.

Three men have been charged with murder to date.

METRO



Police are hoping witnesses come forward with footage in the death of Lukas Strasser-Hird. CONTRIBUTED

Drumheller Institution

Failed jailbreak
causes lockdown

A federal prison in southern Alberta was put in lockdown after an inmate was caught trying to escape. Correctional services says the man suffered minor cuts Sunday when he was caught trying to break out of the Drumheller Institution. **THE CANADIAN PRESS**

Email leak. Province ignored its tendering rules in a mad dash to erect vanity signs, says Wildrose

Premier Alison Redford is defending a leaked email showing her government ignored its own tendering rules to fast-track thousands of dollars worth of signs advertising the fact that Redford is "Building Alberta."

Redford says following the June flood devastation, it was important to let people know that the government would be there for them to rebuild.

Transportation Minister Ric McIver, when asked why the government didn't follow its own rules for tendering out work to put the signs up, says they didn't want to wait on red tape.

The signs, each emblazoned with Redford's name and title, are up across Alberta, announcing roads, bridges, schools and other infrastructure the government is paying for.

An email from a civil servant leaked to the Wildrose party quotes Redford's political operations boss Darren Cunningham telling government ministers to get the signs out immediately and ignore the tendering process if necessary.

The opposition calls the signs wasteful political vanity advertising at taxpayers' expense.

THE CANADIAN PRESS

United Way CEO named one of nation's most powerful women

Lucy Miller. Calgary CEO traces her success back to a stranger who simply gave her a shot



**ROBSON
FLETCHER**

robson.fletcher@metronews.ca

As one of eight children growing up in poverty, Lucy Miller didn't have every advantage, but all she needed was a chance.

The CEO of the Calgary United Way was named Tuesday to a list of Canada's "100 Most Powerful Women," a recognition of her life's work in the education and non-profit sectors, and an honour she traces back to a moment in her youth when someone opened a door.

Even with a student loan and a scholarship, Miller couldn't afford to attend St. Francis Xavier University, but she was determined to try and sought the help of the school's Dean of Women.

"I didn't know her name,

so I wrote, 'Dear Dean of Women: I want to come to St. FX but I can't afford to go,' and I told her my story," Miller recalled. "And she wrote me back right away and she said: 'You come. I'll have a job waiting for you.'"

Sure enough, when Miller arrived, she was offered one of three jobs at the school. She took all three, and sent the extra money back to her family.

"Because she gave me that chance, it changed the cycle of poverty for me and for my family," she said.

Joining Miller on the Top 100 list, put out annually by the Women's Executive Network, is Leslie O'Donoghue, an executive vice-president with agricultural giant Agrium, who said Miller is "living proof" that investing in young people pays off.

"Lucy's story illustrates the value of investing in kids and communities," O'Donoghue said. "If youth grow up in a community where people invest in their success, they are more likely to thrive and pay it forward."



Lucy Miller, president and CEO of the United Way of Calgary and Area. CONTRIBUTED

Fire Department unleashes new canine investigator



Black lab Gibbs and his handler Tony Bund are the Calgary Fire Department's second human-canine investigative duo. BRYAN WEISMILLER/METRO

He investigates fires with a nose 20 times more sensitive than yours and works for just kibbles and bits.

He's Gibbs, the Calgary Fire Department's new accelerant-sniffing pooch. The 21-year-old black lab was unveiled Tuesday at the Douglasdale Fire Hall.

At the event, Fire Chief Bruce Burrell estimated 20 percent of the 1,600 fires investigated last year were arson cases.

"They help to ensure the arsonists and criminals who

Real-life Scooby-Doo

"They help to ensure the arsonists and criminals who set fires are identified and prevented from hurting our citizens or damaging more property."

Fire Chief Bruce Burrell

set fires are identified and prevented from hurting our citizens or damaging more property," Burrell told reporters.

Based on his handler's direction, Gibbs scours fire-hit properties to find

evidence of foul play, such as gasoline or kerosene. If one of 220 substances are discovered, he'll sit and point until human backup arrives.

"It saves time and money," said handler Tony

Bund of his new four-legged companion.

"It's (about) the health and safety of our investigators as well because ... we're in there for a shorter period of time."

He joins Honey, the fire department's first accelerant-sniffing black lab, which has been to 112 fire scenes.

Both Burrell and Bund agreed two more canines are badly needed to staff each of the four platoons.

BRYAN WEISMILLER/METRO



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Snow weighing down aging schools

Infrastructure. Less money for repairs means more kids left in the cold



JEREMY NOLAÏS

jeremy.nolais@metronews.ca

Abdoulaye Gadjiko had a case of the shivers while sitting in his high-school classes on Tuesday.

In his opinion, the thermostat at Forest Lawn high school is set too low — either that or the building doesn't retain heat as well as it should.

"It's a big deal," he said. "There are a lot of people complaining (about the cold)."

All Calgary Board of Education and Calgary Catholic School District buildings remained open Tuesday as temperatures dipped and heavy snow piled up. But the CBE's

superintendent for infrastructure concedes annual winter barrages put "more strain" on its more than 200 schools — many of which are seeing significant wear and tear and are in need of repairs.

A report made public by the CBE last week said infrastructure funding provided by the province in the March budget was 23 per cent less than the year prior. The \$14.6 million provided is less than the \$23

million the board estimates it will need for building upkeep in 2013-14 and is likely to add to a system-wide infrastructure backlog of \$920 million, the report states.

"The most important (issue) is the maintenance of sufficient heat in a building to allow it to be used for the purpose it was designed ... and to ensure it does not suffer any damage," said Supt. Frank Coppinger in a statement.



Abdoulaye Gadjiko complains it's cold inside his Forest Lawn high school classrooms, although not quite as cold as waiting for the bus on a frosty Tuesday afternoon. BRYAN WEISMILLER/METRO

Edmonton. Rogers takes another slice of NHL pie with arena naming rights

Rogers Place will be the new name for the home of the Edmonton Oilers after Rogers Communications announced Tuesday they purchased exclusive naming rights for the downtown arena project.

The naming rights deal is part of a four-year, more than \$700-million commitment from Rogers, which will also include expansion of their Rogers LTE network.

"The naming of the arena is a very key step because it allows the child to have a name and to have that name belong to one of Canada's largest communications companies causes it to be out there in the public," said Edmonton Oilers president Patrick LaForge.

The announcement comes after a recent 12-year, \$5.2-billion national media rights agreement between Rogers and the National Hockey League. The national telecommunications company also has naming rights to Toronto's Rogers Centre and Vancouver's Rogers Arena.

"This is the crown jewel in the plan: Rogers Place," said John Boynton, vice president and chief marketing officer with Rogers.

The Edmonton Rogers naming exclusive will mean a different experience for fans, explained Boynton, who said the local arena will lead the NHL in ultimate fan experiences via the latest technology when it opens.

"This is a huge milestone. Having a name anchors it in the community, helps us all orient ourselves to it and it's wonderful to have the recognition and participation of a major national brand in Rogers," said Mayor Don Iveson.

Discussions of the naming rights started back in summer of 2012, according to LaForge.

Renderings for the entertainment district of the arena have also been released but arena officials aren't commenting on the details of the area at this time.

The arena project is set to open in 2016, with ground breaking expected this spring.

STEPHANIE DUBOIS/METRO IN EDMONTON



Mayor Don Iveson, left, John Boynton, vice-president and chief marketing officer for Rogers, and Oilers president Patrick LaForge Tuesday at the announcement of naming rights for the new Edmonton arena. STEPHANIE DUBOIS/METRO



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Warming woes

Abrupt, random climate change a concern: Panel

A panel of scientists advising the U.S. government says the world needs to worry more about hard-to-predict sudden changes from global warming than it does about the bigger but more gradual impacts.

The National Academy of

Sciences looked at warming problems that can occur in years instead of centuries. The panel said Tuesday that melting ice in the Arctic Ocean and mass species extinction are already here and worse than predicted. It says the melting ice could be more of a wild card.

Study co-author Richard Alley compared the threats to the random danger of drunk drivers: If you see them coming, you can get out of the way. **THE ASSOCIATED PRESS**

Harsh toke

Boss embarrassed for pot-smoking Mountie

The RCMP commissioner says he's embarrassed for a New Brunswick Mountie who breached policy by smoking medicinal marijuana in uniform.

Bob Paulson says it was awkward and disappointing to see Cpl. Ron Francis make

headlines after the national police force discouraged him from going public.

Francis returned his red serge and accused the government and the force of not doing enough to support RCMP members with post-traumatic stress disorder.

The RCMP says officers who are prescribed marijuana for medicinal purposes should not be in uniform while taking their medication as it would portray the wrong message. **THE CANADIAN PRESS**



Sen. Roméo Dallaire's car rests on a traffic barrier after he crashed it on Parliament Hill

No one injured in senator crash

Asleep at the wheel.

Retired general says reliving Rwandan genocide has left him unable to sleep

ing mission in Rwanda in central Africa in 1993-94.

He was an up-and-coming artillery general when he was tabbed to lead a UN force to oversee a shaky truce in the troubled country.

It seemed a natural assignment. He was a French-speaking soldier going to an area of Africa where French was the second language. Canada carried no colonial baggage to inflame local sensitivities.

But the world collapsed on Dallaire and his small force within months of their arrival. The UN ignored his warnings of coming strife.

After it broke out, major international players rebuffed his pleas for more soldiers, leaving him standing as a helpless observer to genocide.

Dallaire came home to medals and promotion, but his spirit was broken and he spiralled into depression and alcohol. At one point he was found passed out in a public park.

His health suffered. He lost weight. His haunted eyes sank into his haggard face. He left the military.

But a decade later, after much psychological help, support from his wife and children and

Sen. Roméo Dallaire nodded off at the wheel of his black BMW and crashed into a traffic barrier on Parliament Hill on Tuesday.

The retired general said the news last week of three suicides of Canadian soldiers, coupled with the coming 20th anniversary of the Rwanda genocide, have left him unable to sleep, even with medication.

"Every day I am reliving the 20th anniversary and reviewing that period of command," he said in an apology to the Senate.

He says he didn't realize how tired he was.

"I simply ran out of steam and fell asleep and crashed my car," he said.

"I am very thankful that nobody was injured or worse by my not being more attentive to the level of fatigue that I have been experiencing."

Dallaire commanded the ill-fated United Nations peacekeep-

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Tuesdays - Saturdays	11:00 AM - 6:30 PM	Richmond Road Diagnostic Treatment Centre 1820 Richmond Road SW
Tuesdays - Saturdays	11:00 AM - 6:30 PM	South Calgary Health Centre 31 Sunpark Plaza SE

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Soldier suicide attempts raising alarms

Veterans advocates and soldiers are warning that the number of attempted suicides among the ranks of Canada's military is growing at an alarming rate.

The wife of a soldier who tried to end his life last month says psychological injuries as a result of Afghanistan are an epidemic among members of the Canadian Forces and the care is not what it should be.

Master Cpl. Kristian Wolowidnyk, a former combat engineer who served in Kandahar in 2009-10, became despondent when told he would be medically discharged because of his post-traumatic stress disorder.

Wolowidnyk's wife Michele says her husband had only seen a social worker every two weeks, and had not been under a psychiatrist's care since last summer.

He tried to kill himself two days after learning of his impending discharge, but survived after being rushed to hospital in Edmonton where he met with other veterans of the Afghanistan mission.

His story is coming to light just days after three members of the military took their own lives in a single week.

THE CANADIAN PRESS

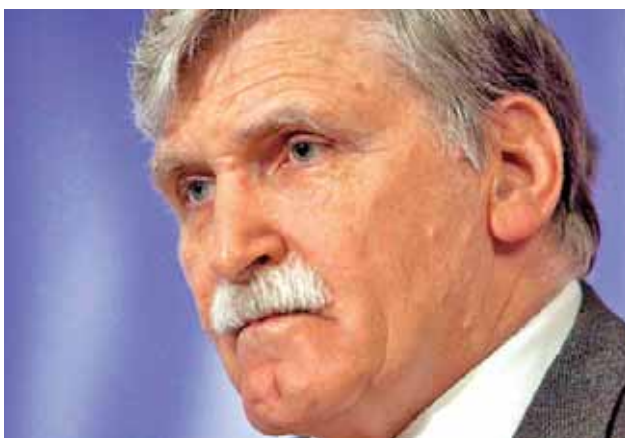
Military suicides

The army has identified the latest victim as Warrant Officer Michael McNeil of 3rd Battalion, Royal Canadian Regiment. Two others took their lives last week; friends identified them as Master Cpl. William Elliott and artillery soldier Travis Halmrast.

in Ottawa on Tuesday. JENNIFER DITCHBURN/THE CANADIAN PRESS

ured after ashes car

Insomnia



"Every day I am reliving the 20th anniversary (of the Rwanda genocide) and reviewing that period of command."

Sen. Romeo Dallaire in an apology to the Senate after he fell asleep at the wheel of his car.

a book into which he poured his tormented soul, Dallaire bounced back.

Shake Hands With the Devil, his pain-filled, graphic memoir of the genocide, won the Gov-

ernor General's Award for non-fiction in 2004.

He was named to the Senate by Paul Martin in 2005 and has made the cause of child soldiers his own. THE CANADIAN PRESS



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Bill to increase MPs' power gets thumbs-up

Reform Act tabled.
Grits and NDP say they would support Conservative MP's bill

A Conservative MP's provocative new bill to rebalance power between MPs and party leaders has gotten an early thumbs-up from the NDP and the Liberals.

With a number of Michael Chong's Tory colleagues already supportive, the measure could have serious legislative legs.

Among other things, the bill would give party caucuses the explicit right to review and oust their leaders.

Liberal Leader Justin Trudeau tweeted Tuesday that he shared the goals of Chong's proposed Reform Act of 2013.

NDP reform critic Craig Scott said he will personally support the bill and MPs in his party will be allowed a free vote on the legislation.

He said his leader, Tom Mulcair, "wants a system that's fair,

where prime ministers actually don't have the kinds of levers of power that have been abused under Stephen Harper and have been used in ways that frankly aren't all that justified by previous prime ministers."

Chong is a moderate, popular Ontario MP with a long history of promoting stronger responsible government.

Conservative supporters included Alberta MP James Rajotte, Ontario MPs Larry Miller and Stella Ambler, and Ontario Sen. Hugh Segal.

Green Party Leader Elizabeth May and Independent MP Bruce Hyer rounded out the cheering section.

"It depends on whether Mr. Trudeau and Mr. Mulcair will allow their caucuses to vote for democracy," May said of the bill's prospects.

A Conservative source estimated that up to a quarter of the caucus could back Chong's proposals.

The legislation would not come into effect until after the 2015 election.

THE CANADIAN PRESS

How it works

Reform Act's nuts & bolts

The bill would give party caucuses in the Commons the right to vote to review the party leader and to trigger a leadership race.

As well, the bill would entrench in the Parliament of Canada Act the right of a caucus to review, eject and readmit MPs.

They would also have the right to elect and eject their caucus chair.

The third part of the bill would give electoral district associations the power to approve electoral candidates. Nomination papers would no longer require a leader's signature.

These measures would theoretically embolden MPs to vote as they want in the Commons, without fear of being turfed from caucus.



Funeral for teens killed in tragic crash

Pallbearers carry a casket at the funeral on Tuesday for four teenagers killed in a highway crash, in Cap-Pelé, N.B. Justin Leger, Sebastien Leger, Justin Brown and Luc Arseneault died when their car crashed into a culvert and rolled several times in nearby Notre-Dame early Saturday. ANDREW VAUGHAN/THE CANADIAN PRESS

Canadian teens' math scores tumble

A new international study ranks Canadian students among the top of the class in key subject areas, but there has been a noticeable decline over the years in math and science scores among the country's pupils.

Canada was among 65 countries and economies

participating in the assessment by the Organisation for Economic Co-operation and Development, which takes place every three years. Findings of the OECD's Programme for International Student Assessment from 2012 were released Tuesday.

The average estimated

score in math was 494. Canada had 518. Shanghai, China, topped the list in math with an average of 613. Canada was also outperformed by Singapore, Hong Kong, Chinese Taipei, Korea, Macau, Japan, Liechtenstein and Switzerland.

THE CANADIAN PRESS

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Acid attack lands Russian ballet star in jail for six years

Bolshoi. Attack on ballet's director exposes vicious backstage bickering and intrigue at renowned theatre

A judge pronounced Bolshoi soloist Pavel Dmitrichenko guilty of making plans to attack Sergei Filin, the theatre's director who lost most of the sight in one eye and 20 per cent in the other in the attack on Jan. 17.

Ex-convict Yuri Zarutsky, who splashed the acid in Filin's face, was sentenced to 10 years; a driver, Andrei Lipatov, got four years. The three were also ordered to pay 3.5 million rubles (about \$112,000) in damages to Filin.

The dancer said during the



Dancer Pavel Dmitrichenko stands inside a barred enclosure at court in Moscow on Tuesday. ALEXANDER ZEMLIANICHENKO/THE ASSOCIATED PRESS

trial that he had agreed to Zarutsky's offer to beat up Filin, but claimed that he had been unaware of his intention to use acid for the attack. He pleaded

not guilty but admitted "moral responsibility."

Dmitrichenko said he was shocked when he heard about the acid attack in the news and told Zarutsky they should surrender to the police. He testified that Zarutsky told him to keep silent and threatened to launch a similar attack on Dmitrichenko's ballerina girlfriend if he went to the police.

He said he had told Zarutsky that he disapproved of Filin's management style. He insisted that he always said Filin had been an excellent dancer, but he blamed him in part for the negative atmosphere in the theatre. He cited several incidents in which troupe members were driven to tears during heated conflicts with Filin.

Filin did not deny the incidents but retorted that it was simply part of the "artistic process." **THE ASSOCIATED PRESS**

Germany

New software detects banned neo-Nazi music

German police say they have developed software that can automatically identify banned neo-Nazi music.

Certain extremist music is banned from public sale or performance in Germany, but the far-right still regularly attempts to skirt the regulations with concerts to attract and recruit young people.

THE ASSOCIATED PRESS

Los Angeles

First traffic citation given to Google Glass user

A woman has pleaded not guilty to a traffic citation alleging the motorist was using Google's computer-in-an-eyeglass.

Cecilia Abadie was pulled over on suspicion of speeding and the officer tacked on a citation usually given to drivers who may be distracted by a video screen.

THE ASSOCIATED PRESS



Thai government tries to diffuse violent protests

A Thai policeman offers a rose to protesters outside city police headquarters in Bangkok on Tuesday. Prime Minister Yingluck Shinawatra ordered police to stop battling anti-government protesters in what has become a struggle to topple Yingluck and keep her brother, Thaksin Shinawatra, from returning to power. Thaksin was ousted in a 2006 military coup, and Yingluck's rivals have accused her of being his puppet. The conflict has killed four people and wounded more than 256 in the last three days alone. **MANISH SWARUP/THE ASSOCIATED PRESS**

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Plugged up. Handy wipes still being flushed, much to sewer lobby's chagrin

The pleas of Canadian wastewater officials to federal and provincial politicians for a crackdown on so-called flushable wipes are falling on deaf ears.

It's a municipal problem, so the refrain goes, and so the Canadian Water and Wastewater Association is joining forces with its American counterpart, the Water Environment Federation, to take aim at the popular towelettes.

The wipes — billed as a cleaner alternative to toilet paper that's perfectly OK to flush down the toilet — are giving many municipalities fits as they grapple with costly clogs.

Personal wipes are a \$6-billion industry in North America. Canadian municipalities say the wipes are costing ratepayers as much as \$250 million a year. Both the CWWA and its U.S. sister are pushing manufacturers to allow independent testing, and to label them with more clarity.

THE CANADIAN PRESS



'Flushable' wipes clogging London, Ont.'s sewers. THE CANADIAN PRESS

Hold on — don't flush!

Canadian municipalities and waste-water officials have two objectives — a federal flushability standard and a widespread public-education campaign.

A ticket loser, but she's still a \$50M Lotto Max winner

Just imagine. Regular player Kathryn Jones is 'still in shock' after being told she won the lottery a year after losing the winning ticket

A Hamilton woman who lost her winning \$50-million lottery ticket last year is on the verge of getting her mega prize after an extensive investigation.

The Ontario Lottery and Gaming Corporation says Kathryn Jones bought a ticket in Cambridge, Ont., last year which turned out to have the winning numbers from the Nov. 30, 2012, Lotto Max draw.

OLG received some 435 inquiries since that draw and in the process of reviewing them, it determined Jones had the winning ticket.

Unique case

"I'm very grateful."

Lotto Max winner Kathryn Jones on the Ontario Lottery and Gaming Corporation investigation that secured her a \$50-million jackpot

When Jones wasn't able to find her ticket, OLG carried out a "Lost Ticket Prize Claim" process to ensure she was the rightful winner.

It included using their database to verify her purchase, checking surveillance video and checking her credit card statements.

OLG also found out that Jones had a sister who owns a retail outlet in Ottawa that sells tickets, a finding which prompted an additional review of her win by a third party. OLG says the prize will now be held for a minimum of 30 days and then paid.

THE CANADIAN PRESS



OLG CEO Rod Phillips announces Kathryn Jones as winner of \$50 million. OLG/THE CANADIAN PRESS

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Word war. Selfie vs. science battle it out

Look alive, selfie. There's another word of the year that's not all about you.

While Oxford University Press, the British publisher of the Oxford dictionaries, declared those little smartphone self-portraits its winner last month, the folks at Merriam-Webster announced "science" on Tuesday.

Oxford tracked a huge jump in overall usage of selfie, but Merriam-Webster stuck primarily to look-ups on its website, recording a 176 per cent increase for science when compared with last year.

John Morse, president and publisher of Merriam-Webster Inc., said science is connected to broad cultural oppositions — science versus faith, for instance — along with the power of observation and intuition, reason and ideology, evidence and tradition. **THE ASSOCIATED PRESS**

Saskatchewan

Potash Corp. to slash 18% of staff

Potash Corp. of Saskatchewan is cutting its workforce by about 18 per cent, affecting 1,045 people — with the biggest hits in its home province of Saskatchewan, as well as New Brunswick and Florida.

The decision stems from soft demand for potash and phosphates, two major types of crop fertilizer.

THE CANADIAN PRESS

Market Minute

DOLLAR
93.91¢ (-0.07¢)

TSX
13,319.87 (-99.70)

OIL
\$96.04 US (+\$2.22)

GOLD
\$1,220.80 (-\$1.10)

Natural gas: \$3.98 US (no change)
Dow Jones: 15,914.62 (-94.15)

Yeah, I'm gonna to need you to stay home on Saturday

Promoting productivity.

Bosses are forcing staff to put down the TPS reports and smartphones in a bid to fight burnout

Volkswagen turns off some employees' email 30 minutes after their shifts end. Goldman Sachs is urging junior staff to take weekends off. BMW is planning new rules that will keep workers from being contacted after hours.

This surge in corporate beneficence isn't an indication that employers are becoming kinder and gentler: It's about the bottom line. After years in which the ease of instant communication via email and smartphones allowed bosses to place greater and greater demands on white-collar workers, some companies are beginning to set limits, recognizing that successful employees must be able to escape from work.



Shirin Majid, left, watches as her husband plays with their baby at home. Majid works for a startup, which has "blackout" weeks for workers when they are forbidden to work. **BEBETO MATTHEWS/THE ASSOCIATED PRESS**

"Industry is now responding," said Cary Cooper, a professor of organizational psychology and health at Lancaster University, who says the imperative to be constantly reachable by iPhone or tablet is taking a toll on the work delivered at the office. "Employees are turning up, but they're not delivering anything."

After seeing colleagues lose

their jobs during the Great Recession, workers are more inclined to come in to work, even when sick, surveys show. After hours, physical presence is replaced a virtual one. Many employees fear switching off, instead deciding to work on vacation, during dinner and in bed with the help of smartphones, laptops and tablet computers. **THE ASSOCIATED PRESS**

A quirky solution

To get everyone, from intern to CEO, to not overdo it with the work hours, some companies have resorted to bolder measures.

- Quirky, a New York based start-up that shepherds inventions to the marketplace, has instituted a "blackout" week once a quarter during which no one except customer-service representatives is allowed to work, lest employees be tempted to check email.
- And having the message come right from the top was important for Shirin Majid, the company's 39-year-old head of digital marketing, who laments not having enough time to spend with her husband and 9 month-old baby.

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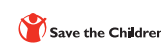
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HELLO DRONES, RIP PIZZA-MAN PORN

Amazon Czar Jeff Bezos, overstimulated perhaps by Cyber Monday, has come with what is either the best — or the worst — idea ever.

The man who sells everything everywhere to everyone proposes to use flying mini-drones to deliver packages to customers within 30 minutes, wherever they are.

Still in the virtual stage, it will be years before the bot turns up at your door seeking your signature, but we need to get ready.

I mean, there are questions to be answered.

Do you tip a drone? Seeing as they're not working their way through drone school or supporting a family of dronelets, it probably won't be necessary. But you want to make sure. Just ask the Taliban what happens when there's an angry drone at the door.

Will drones still leave those illegible notes behind? You



JUST SAYIN'
Paul Sullivan
metronews.ca

know the ones scolding you for not being there at the drone's convenience and advising you to pick up your package at (can you read this?) at (is that between 9 and 5 or 5 and 9?)

Or, because they are programmed to hunt down your DNA, will they find you wherever you are even if you don't want to be found? Even if you really want the new 50 Shades of Grey Concordance, maybe you don't want it right now. On the toilet.

The delivery drone can be adapted for other uses. Pizza, for instance. The drone is the perfect technology to get it to your door within 30 minutes or you eat for free. Of course, you'll never eat for free, as the drone

can be programmed to get there in precisely 29.99 minutes every time. I'm not sure why they'd want to do that, but that's what happens now and it seems to work for the pizza

delivery companies.

Added note: For some reason, the pizza-delivery man occupies a special place in the annals of pornography. This would be the end of that. Tough to make out with the pizza man if he turns up sporting eight whirling rotors, like the Amazon prototype. There could be flying pepperoni ... at least.

That's hardly the most sinister adaptation of delivery drone technology. These things are essentially CCTV cameras with wings. If they can send one into space (like the Hubble telescope) to track down galaxies 14 billion light years away, they can find you at the neighbourhood pub.

Or delivering your neighbour's pizza.

You see, the more you think about this, the more you realize there are bugs that have to be ironed out. Bezos hopes to get his little bots airborne as early as 2015, but I suspect it will be a sunny day in Seattle before it happens.

Er, be right back. There's someone ... or something ... at the door.

ZOOM

Freaks of nature



Bizarre animals revealed in book

They may not have the "Aw" factor of, say, pandas or sea otters, but these unique animals still deserve our attention.

A cynipid wasp and a sea slug called a nudibranch feature in *Animal Earth*, a new book that celebrates the weird and wonderful diversity on our planet. **METRO**

By the numbers

200M

The number of species of animals that are still undiscovered, according to zoologist and author of *Animal Earth*, Ross Piper. "We know a great deal more about the surfaces of barren moons in space than we do about our own planet. There are so many fascinating animals around us, and we haven't gotten to grips even the tiniest bit with how they live," he said.

More numbers

- **Unknown world.** 86 per cent of all species on land and 91 per cent of those in the seas have yet to be discovered, described and catalogued, according to a 2011 study.
- **Drop in the ocean.** Due to the abundance of life on our planet, the IUCN Red List — the most sophisticated ongoing project of studying threatened animals — monitors less than one per cent of the world's species.



TOMAS RAK, ALEXANDER SEMENOV/ANIMAL EARTH/THAMES & HUDSON

Photog says:

"Sea slugs possess every colour and shape combination imaginable — they are one of the most vibrant groups in the sea."



Alexander Semenov, 28, photographer and zoologist at the White Sea Biological Station in Karelia, Russia

Clickbait



HANNAH ZITNER
hannah.zitner@metronews.ca

As shoppers digest the announcement/confession/stunt that Amazon hopes to have flying robots deliver their goods, we take a look at other (real and not-so-real) drone delivery services:

TacoCopter:

Unveiled at tech conference Disrupt SF back in September, the TacoCopter was aerial robot designer Skycatch's answer to Californians' need for instant delicious Mexican food.

DomiCopter:

You guessed it. Domino's goes drone with the DomiCopter.

Oppikoppi music festival beer drop:

Since you can't have tacos or pizza without beer, there's a drone drop for that too. South Africa's Oppikoppi festival used GPS-guided drones to



PHOTO ILLUSTRATION:
DAVID VAN DYKE/METRO

help music-lovers avoid long lines at the beer tent and drop cold brews to the parched brus.

Twitter

Merriam-Webster say searches for the word 'science' are up 176 per cent this year. What's the explanation for this?

@Ptwhohig: The explanation is rooted in the confusion that exists over good & bad science as well as the politics of science. Climate change, fracking, pipelines, hydro development, Chris Hadfield, etc have all generated interest in science

@ommoran: Explanation? Students no longer sure what the word "science" means and having to "Google it".

@deekes11: I'm thinkin Breaking Bad has something to do with it #heisenberg

@AliciaMarie_09 maybe some awesome parents are showing girls there is more to life than twerking/selfies. Brains are sexy too!

@likeibother 176% is not a huge jump. It's actually just more than double. And it's taken from their own search web only

@myomichu Science sensationalized and turned into entertainment. Good for education but sometimes borderline fiction.

@cailiey I would bet @SarcasticRover has an idea why...he's currently doing a science on the red planet...

@LeosBandwagon isn't the answer clearly "science" itself #scienceisalwaysstheanswer

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This might change your mind about your greek yogurt.

metronews.ca
Wednesday, December 4, 2013

SCENE 17

A happy holiday accident: How Love Actually left a starry legacy

Cast of thousands. As Richard Curtis notes, even the then-lesser-known actors in his 2003 romantic comedy are now major stars



Richard Curtis swears he didn't set out to make a Christmas classic with *Love Actually* — which just turned 10 years old — but that's what exactly happened. "I didn't really think that when I was writing the film. I certainly didn't think, 'This is a cunning commercial measure.' I just thought it was in the spirit of the film," Curtis tells Metro.

"Particularly in the States, I think it's become a Christmas thing. I think it's just kind of on a loop on some English TV stations (year-round), but I think it's become more of a Christmas thing. And it's delightful. I think you consider it lucky. I feel that a little bit about *Love Actually*, that I wrote a multi-thing movie, and because it was a Christmas one it looks like it's going to last."

What Curtis finds particularly entertaining is what's become of the film's massive cast, originally built as a mix of big stars (Hugh Grant, Emma Thompson) and lesser-known faces (Chiwetel Ejiofor, Andrew Lincoln).

"It now seems over-cast because half the cast weren't very well-known (at the time), only if you really watched English telly," he says. "And now with



Hugh Grant, as the British prime minister, and Martine McCutcheon, as his assistant, at a Christmas pageant in Richard Curtis' 2003 romantic comedy *Love Actually*. PETER MOUNTAIN/UNIVERSAL STUDIOS

Martin Freeman being the Hobbit and with (Lincoln on) *The Walking Dead* and with January Jones on *Mad Men* and Chiwetel now I hope going to win an Oscar this year, the movie's looking increasingly unbalanced. There was meant to be a balance between people you knew and people you didn't. Even Thomas Sangster, who played the little boy, is now on *Game of Thrones*."

In that spirit, here's a look at what the ensemble of *Love Actually* have been up to lately.

The Prime Minister and Natalie

Hugh Grant: Currently filming *The Man from U.N.C.L.E.* for Guy Ritchie, Grant was last seen playing several nasty characters in *Cloud Atlas* and taking on Rupert Murdoch in the *News of the World* phone-

hacking scandal.

Martine McCutcheon: A familiar face with U.K. audiences when the film premiered thanks to her work on *EastEnders*, McCutcheon will next be seen in the TV movie *The Home Office*.

Daniel and Sam

Liam Neeson: The esteemed Irish actor reinvented himself with 2008's *Taken* and has now become one of the most successful — if unlikely — action stars in the world.

Thomas Brodie-Sangster: The 23-year-old has grown up on TV and movie screens, with roles in *Doctor Who* and *Nowhere Boy*, and currently stars as Jojen Reed on *Game of Thrones*.

Jamie and Aurelia

Colin Firth: Already a fan favorite at the time thanks to *Pride*

and *Prejudice* and *Bridget Jones's Diary*, the very busy Firth is now an Oscar winner for *The King's Speech*.

Lúcia Moniz: The Portuguese actress and singer has been working steadily on TV in her home country, most recently on *Bem-Vindos a Beirais*.

Harry, Karen and Mia

Emma Thompson: The actress with the most heartbreaking and memorable scene in *Love Actually* is also earning plenty of Oscar buzz for this year's *Saving Mr. Banks*.

Alan Rickman: Forever known to a generation of fans as Professor Snape in the *Harry Potter* series, Rickman recently starred as Ronald Reagan in *Lee Daniels' The Butler* and N.Y.C. nightlife guru Hilly Kristal in *CBGB* and will next take on King Louis XIV in *A Little Chaos*.

Heike Makatsch: The German actress has been working steadily in Europe for the past decade and can be seen in theatres now in *The Book Thief*.

Peter, Juliet and Mark Keira Knightley: Already a star on the rise 10 years ago, Knightley is now an Oscar nominee who can next be seen in *Can a Song Save Your Life?* and Jack Ryan: *Shadow Recruit*.

Chiwetel Ejiofor: After years of under-the-radar supporting roles, Ejiofor is a Best Actor hopeful this year for the powerful *12 Years a Slave*.

Andrew Lincoln: Lincoln went relatively unnoticed for years until taking the lead role in TV's *The Walking Dead*, now in its fourth season.

Billy Mack and Joe the manager

Bill Nighy: The incredibly busy Nighy — who turns 64 this month — most recently teamed with Richard Curtis for *About Time* and is set to start filming the sequel to *The Best Exotic Marigold Hotel* shortly.

Gregor Fisher: Fisher has been doing plenty of work on the small screen in Britain in series like *Empty*, *Rab C. Nesbitt* and *Love Life*.

The naked stand-ins

Martin Freeman: He was already a TV star in the U.K. 10 years ago thanks to *The Office*, but now he's both Watson on *Sherlock* and the Hobbit in, well, *The Hobbit*.

Joanna Page: The Welsh actress has worked steadily on TV in the last decade — most notably as Stacey on *Gavin & Stacey* — and most recently popped up as Elizabeth I on the Doctor Who 50th anniversary special.

2 SCENE

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Christian Bale, left, and Casey Affleck in a scene from *Out of the Furnace*. KERRY HAYES/RELATIVITY MEDIA

For Out of the Furnace, Bale morphs once more

Hollywood chameleon. An actor known for his physical transformations explains how he got into (and out of) shape for a variety of movie roles



IN FOCUS
Richard Crouse
scene@metronews.ca

Christian Bale likes to keep you guessing. The intense actor, who became a superstar playing Batman, makes chancy career choices on purpose.

"I like to think that as long as you continue choosing diverse roles, you can avoid becoming predictable," he says.

He could make a life (and a fortune) playing square-jawed superheroes in action movies, but instead chooses

to shake things up.

Since his breakthrough performance in 1987's *Empire of the Sun* he has been a chameleon, losing sixty pounds to play the skeletal lead in *The Machinist* and gaining a beer gut and a comb-over for an upcoming role in *American Hustle*.

This weekend in *Out of the Furnace* he changes it up once again. He stars as a steel mill worker pushed to extremes when his Iraq war veteran brother (Casey Affleck) gets mixed up with the wrong people and disappears.

The vengeance angle sounds Batmanesque, but *Out of the Furnace* is set far away from Gotham in the economically-depressed Rust Belt. There isn't a cowl or a cape in sight, and Bale has once again physically transformed himself.

Here's a look at how Bale physically changes it up for his movie roles.

American Psycho

Creating the "Olympian physique" of serial killer Patrick

Bateman in *American Psycho* took some discipline. "I'm English," he said, "and in England, we don't have many gyms around. We'd rather go to a pub instead." A trainer and a protein diet took off the pounds.

The Fighter

As boxer and former drug addict Dicky Eklund in *The Fighter* he dropped thirty pounds and used make-up and prosthetics to age himself. How did he lose the weight? "Usually I always say, 'Oh, I do a lot of coke whenever I lose weight.' I'm not sure if it's so funny for this movie, to say that." In reality he trained with the real-life Eklund and boxed the pounds off.

Velvet Goldmine

In *Velvet Goldmine* he plays a London journalist looking into the life and faked death of glam rock singer Brian Slade (Jonathan Rhys Meyers). Once again he had to physically transform, but not in the traditional way.

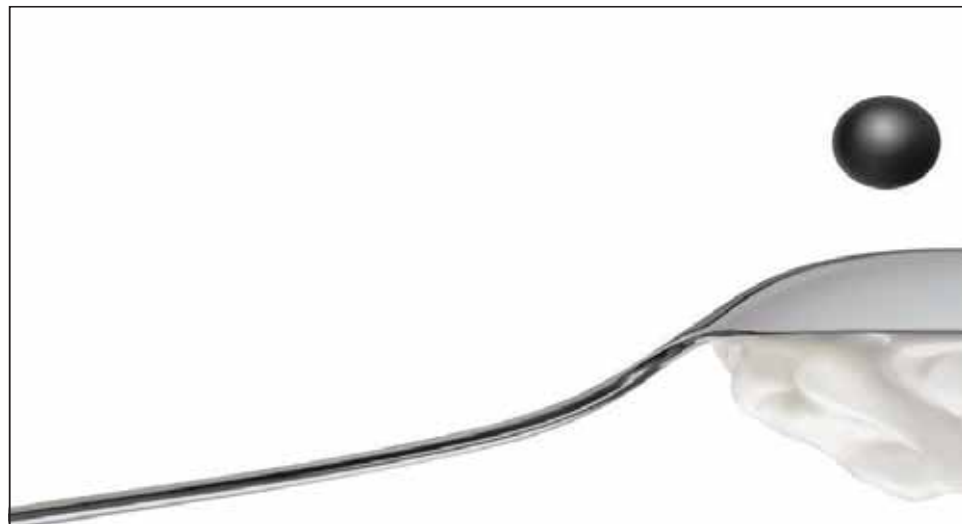
When his mom saw that he was working out and running at 6 a.m. she said, "Christian, what are you doing? You're doing a film about sex, drugs and rock 'n' roll. Why don't you do it the way they did it? They weren't out running. They drank a helluva lot and lived unhealthily."

"I took that to heart," he says, "and it works."

No need for the gym

"Christian, what are you doing? You're doing a film about sex, drugs and rock 'n' roll. Why don't you do it the way they did it? They weren't out running. They drank a helluva lot and lived unhealthily."

Christian Bale's mom, when she saw he was working out in order to lose weight for *Velvet Goldmine*



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SCENE

19

Cheers! Kirstie and Rhea reunite for another sitcom

Veteran duo. Only this time around, Perlman's character actually cares about Alley's — and is only sort of antagonistic

MATT PRIGGE
Metro World News

As Carla Tortelli on Cheers, Rhea Perlman spent 11 seasons openly antagonizing the patrons and some of the staff of a Boston bar. On Kirstie, her first regular sitcom gig in ages, she's only somewhat antagonistic to the other characters, including fellow Cheers alum Kirstie Alley. Perlman plays the best friend and assistant of Alley's Broadway diva, who reconnects with a son (Eric Petersen) she'd given up for adoption. (Another sitcom vet, Michael Richards, plays her chauffeur.) For the record, she's not remotely antagonistic in person.

What was it that made you want to come back to full-time sitcom work?

I love my sitcom days. It's the coolest job in acting. It's live, which is very rare and fabulous. You get to rehearse for four days then do it in front of an audience. It's a mixture of being on stage and being on film.

Apart from reuniting with Kirstie Alley here, you've often popped up on shows by other Cheers castmates. How easy is it to slip back into that rapport?

It's like seeing your old friends from college. With people you haven't seen in a long time but you were really close with, you just go right back. I do keep up with some of them.

Your character's relationship with Alley is a lot less antagonistic than it was on Cheers.

This one I really care about her. On Cheers, Carla, she was fine with her, and she was better with her than with Diane. But she didn't care about her. Carla cared about Sam and about her kids. But I wouldn't say she really cared about the other people in the bar.

You've only done a handful of episodes so far. How easy is it finding the show's voice so early on?

I feel like as with any show, in its first year, you start finding



Rhea Perlman, who played the wisecracking waitress Carla on Cheers, has returned to regular sitcom work with a role on Kirstie. GETTY IMAGES

it, and the writers start finding it, and the actors start finding it. If we're lucky enough to have another season, it will continue to be found. I love the medium because there's no beginning, middle or end. You just get to continue developing the character, to find where she's from and where she can go.

It's a lot like TV dramas in that sense.

I've never been in one of those dramas, which I love to watch, like Breaking Bad, where you just don't know how it's going to end. Will I get killed? We don't usually worry if we're going to get killed in comedy.

How does it affect you not knowing the end of a show?

I don't think you're ever really safe in acting, ever. Even if you're doing the same show every night, it's never the same. You don't know what you're going to do, what the audience is going to do. It's not like you're doing a math problem, where you know there's a solution at the end and you get it right or you get it wrong.

Eric Petersen has done stage but this is his first TV show. How did he fit in with three vets?

He just really jumped right in. I was impressed, because I think people would be intimidated by us — not that we're intimidating people, because we're not. He's comfortable with himself and he's comfortable being on stage.

So you didn't have to teach

him things?

We never had to teach him things! I was ready to teach him things. He didn't ask, the sonofab—. (Laughs.)

Kirstie's station, TV Land, has a reputation of really supporting its shows and its actors.

I feel like they like the show. That's a great feeling. The legend with Cheers is, our first two years, we were at the bottom of the ratings. Like 67 out of 68 or whatever it was. But the network, they loved the show, and we knew they loved the show. And we were so blissfully unaware that we might be in jeopardy. I don't think any of the actors ever thought about that.

We just felt like these people like us, so we'll keep doing this show. It was very comfortable. I really think it's a great way for networks to be. They should put their weight behind a show, because they picked it to begin with. They chose to do that pilot and they chose to pick it up, then they have to choose to nurture it. (TV Land is) very nurturing.

Are you aware these days of how well a show is doing?

These days you have to be a little bit aware. In the old days you wouldn't have any idea. I wasn't paying any attention to ratings or whether people liked the show till we were a hit. Now I'm sure once it starts airing, I'm going to be aware of how it's doing. They'll be telling us, it will be written up, it will be hard to avoid knowing how it's doing.



Matisyahu dealt with a strong backlash after making changes to his physical appearance. CONTRIBUTED

Matisyahu found himself lost in faith

Interview. The Jewish reggae star talks about his new album, the backlash when he made drastic physical changes and his new guiding philosophy

KASIA PILAT
scene@metronews.ca

What's in a name? For Jewish reggae artist Matthew Paul Miller, adopting the name Matisyahu in 2001 was but one step in what he describes as a lifelong evolution.

Miller became Matisyahu, the Ashkenazic Hebrew equivalent of Matthew, when he was 19 after what he describes as a conscious search for guidance, structure and community — something he found in Brooklyn's Chabad-Lubavitch Hasidic community. In an attempt to shed his past and become something new, he adopted the long Hasidic payor and beard and traditional dress.

"I remember the first time I wore a yarmulke," he says. "It felt good. It felt good to represent something, to represent a people, to represent something ancient; something that I felt was eternal."

Matisyahu's stirring debut, 2004's *Shake Off the Dust... Arise*, was his decisive

Not just a look

"I remember the first time I wore a yarmulke. It felt good. It felt good to represent something, to represent a people, to represent something ancient; something that I felt was eternal."

Matisyahu
On adopting traditional Hasidic dress

arrival on the music scene — in full Hasidic garb, he sings and spits devotional verses over high-powered dancehall reggae. The deliberate manner in which he was able to unite such seemingly disparate things as rap, reggae and Hasidism was met with widespread acclaim, as were his follow-up albums, 2006's *Youth and Light* three years later.

Despite the successes, however, Matisyahu says that his faithful adherence to Hasidic guidelines caused him to lose his self and his ability to make decisions and his philosophy began to change. Before releasing last year's *Spark Seeker*, the near-unrecognizable image of a cleanly-shaven Matisyahu was revealed via his Twitter account, to the disappointment of many.

"There were a lot of people that were hurt,

that were upset and didn't understand why I shaved my beard," he says. "But for me, it was a very inner, organic and real process that lasted over the course of the last 12, 13 years... At one point I was just able to make that realization that I can change and that it's my life and that I can do whatever I want and that God will love me."

Spark Seeker, a more pop-driven and accessible yet still spiritual album, was written and recorded before Matisyahu revealed his new look. He says that a new album, set to drop in the spring, will deal in-depth with his drastic physical change and the backlash that followed.

For his upcoming record Matisyahu recruited his touring band Dub Trio's bassist Stu Brooks in his first role as a producer along with Joel Hamilton (*Pretty Lights*, Dub Trio) and recorded it in Brooks' home in Brooklyn as well as in his own, in Los Angeles. The album's sound, he says, runs the gamut in terms of genre and style while the theme and lyrics remain consistent throughout.

"It has electronic stuff, it has stuff that's really organic. It's definitely more stripped back, less bells and whistles and more of a clean top sound than my last record. It's more of an indie record. It's edgy and emotional and very personal. It feels very honest."

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Lindsay Lohan

Lohan to sue Grand Theft Auto V

Lindsay Lohan is reportedly set to send her lawyers after the makers of Grand Theft Auto V because she believes they used her image without permission to create a character in the hugely successful video game, according to TMZ.

One part of the gameplay involves hiding a Lohanesque character from the paparazzi, while another tasks players to photograph her having sex at a hotel that resembles Lohan's regular hangout the Chateau Marmont.

Lohan's lawyers are reportedly crafting a suit that demands significant compensation.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Walker died on a 'hot spot for street racers,' say police

While the neighbourhood where Fast & Furious star Paul Walker died in a fiery crash is known to attract street racers, law enforcement officials do not believe the Porsche he and a friend were riding in had been racing another car.

Accident investigators "have received eyewitness statements that the car involved was travelling alone at a high rate of speed," the Los Angeles County Sheriff's Department said in a statement Monday. "No eyewitness has contacted the



(department) to say there was a second vehicle."

Walker and his friend and fellow fast-car enthusiast Roger Rodas died Saturday when Rodas' 2005 Porsche Carrera GT smashed into a light pole and tree, then exploded in flames. The posted limit was 45 m.p.h. (about 72 km/h).

The two had taken what

was expected to be a brief drive away from a charity fundraiser and toy drive at Rodas' custom car shop in Valencia, about 30 miles northwest of Los Angeles. Walker's publicist said the action star was the passenger. The crash happened on a street that forms an approximately one-mile loop amid industrial office parks. It is rimmed by hills and relatively isolated from traffic, especially on weekends when the businesses are closed.

"It's well-known out here that that's a hot spot for street racers," California Highway Patrol Sgt. Rick Miller said.

Skid marks are a testament to past antics on the loop.

THE ASSOCIATED PRESS

George Clooney hasn't found the right woman

It turns out George Clooney just hasn't met the right woman yet. As part of a questionnaire by artist Tracey Emin used for a "text portrait" of the actor in W magazine, Clooney was asked who the love of his life is or was, and his response?

"I haven't met her yet."

But don't feel too bad for Clooney, as the hard-working actor has at least managed to find a way to avoid homesickness.

"I spend eight months a year in a one-bedroom hotel room in a city I probably wouldn't vacation in," he says.



George Clooney.

ALL PHOTOS GETTY IMAGES

"But no city, no space fails to be a home if your family and friends can find the time to visit. I get desperately, depressingly homesick if I can't find a way to be near the people that bring joy wherever they go."

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3
LIFE

Only the best in sunny Key West

Party spot. Warm Florida town rivals New Orleans for wild street life and just plain old fun



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Wild, weird and utterly wonderful.

From sunset cheers to cheap beers, and from wacky parades to fine cuisine, Key West might be the only town in North America that gives New Orleans a run for its money in terms of forget all your cares, down and dirty fun. Here's a look.

Doing

America doesn't mind selling guns to almost anyone, but they generally frown on sipping an adult beverage on a public street. Go figure. Lucky for you, Key West encourages us to take the libation of our choice and stroll down Duval Street, all the while wearing just about anything that might strike our fancy. Everything you've heard about this street is true; cross-dressers give you the come on as you parade past, tiny bars offer dollar beers (okay, American beers, but still) and gays and lesbians and transgendered folks mingle with gawking tourists from Peterborough



Sunsets at Mallory Square in Key West are an event with lots of drinking and wild applause. JIM BYERS/METRO

and Pennsylvania. Crowds gather nightly at Mallory Square to watch the sunset and applaud the majesty. Tacky? Maybe. But tons of fun, and a great way to meet people. Duval is a parade almost any night, but it's especially wild around Mardi Gras and Halloween. Too much excitement? Try a wonderful, peaceful sail on a classic schooner. For \$5, you'll get a 90-minute ride on the shimmering green waters of the Florida Keys. Free sodas and beer, wine or champagne for

a buck. You also could retreat into the quiet of the beautiful, white St. Paul's Episcopal Church if you really want a respite.

Sleeping

Should you choose to actually go to bed, the options are endless. High end luxury types can opt for the Casa Marina, a Waldorf Astoria resort. Rooms aren't large in an old place like this but it's beautiful, and you can arrange for a dinner just steps from the sand. Rooms

listed recently for \$179 and up in December. Close to the action, but a world apart. Closer to Duval, but still far enough away, is the Key Lime Inn, part of the Historic Key West Inns group. The pool isn't fancy but the units are Florida chic and the folks friendly as can be. Rooms from about \$159 in December.

Dining

Seven Fish is a dynamite spot near the Key Lime Inn, offering luscious fish, and, I'm told, excellent meat

Learning

Killed too many brain cells and need a jolt of something historical? Check out the Truman "Little White House" on Front Street to see where Harry S. himself did some of his work. Or look into the Hemingway Home and Museum, one-time hang-out of the famous author and former Toronto Star correspondent, or the Key West Heritage House Museum and Robert Frost Cottage. Then, just to even things out, walk down to Duval, grab a Heineken and watch the party. My God, you didn't come to Key West to better your education, did you?

loaf. Looking for something more, well, Floridian? You can't beat the casual, outdoor dining at Blue Heaven, where one of the buildings used to be a bordello and where stray cats or chickens often roam among tables set under luxurious palms and a giant sail.

Drinking

Too many to mention. But try Sloppy Joe's on Duval or Jimmy Buffett's Margaritaville. Other great spots include the Green Parrot on Whitehead St., which Playboy magazine once called the definitive Key West saloon.

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Wrap it, then pack it

The diehard travellers on your list might have their sights set on things a little out of your price range — a round-the-world airplane ticket or adventure tour, perhaps. Luckily, there are a few affordable options globetrotters can appreciate.



ON THE MOVE
Loren Christie
life@metronews.ca

The softer side of luggage

Recently I broke my habit of hard-sided luggage and test drove a soft-sided bag, the Atlantic Compass Unite. The bag's claim to fame is its four-wheel spinners. They work in all directions even when linked with Velcro to matching bags, making a family's worth of luggage easier to manage. I loved that it was lightweight and seemingly indestructible. After two weeks and six flights, this bag looked like I just bought it. Starting at \$130 at Bentley and CAA.



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It's all about the experience

For those who prefer providing an experience versus giving something tangible, Travelzoo has launched an online holiday gift guide, offering unique experiences, including spa days at the Four Seasons or Bliss spas, romantic getaways and dining at Michelin-starred restaurants. Each experience can be sent as an e-gift or mailed as a gift certificate. Gift-givers can expect savings of 30 per cent to 50 per cent off rack prices without sacrificing the wow factor. travelzoo.ca

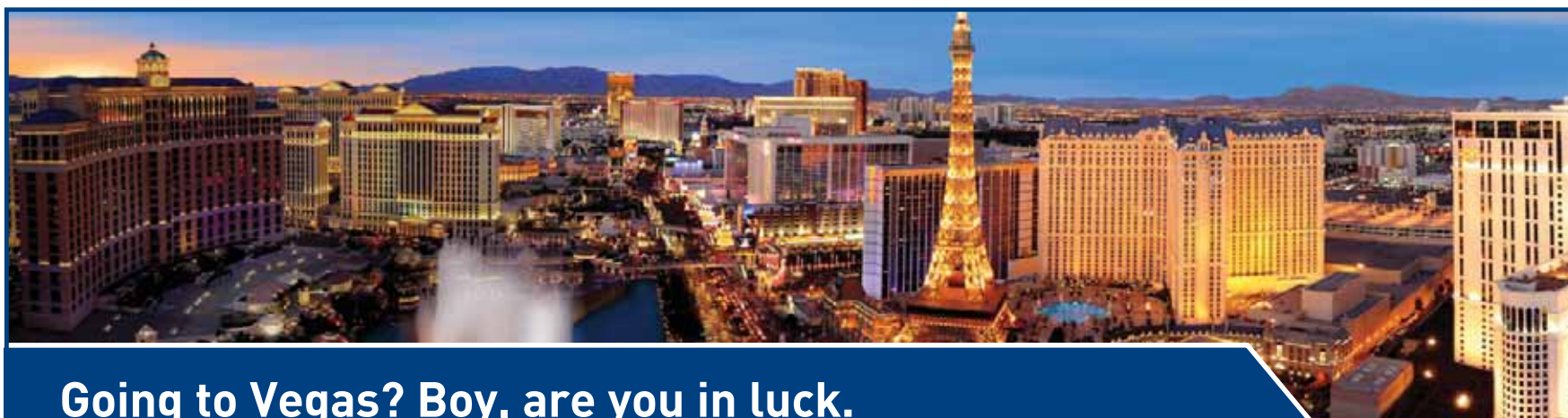
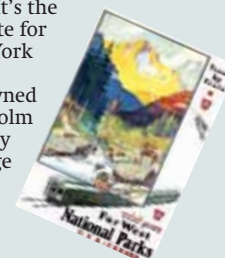


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If you can't get there, buy a poster

For those looking for less practical gifts, I love vintage travel posters. There is something romantic about these nostalgic pieces of art. You can usually find small selections in poster and print shops across the country, but for a large selection under one digital roof, check out vintagepostersnyc.com. It's the website for New York City's renowned Chisholm Gallery vintage posters. Prices vary.



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Los Cabos with a SoCal vibe

Esperanza, an Auberge Resort

Situated a few minutes outside Cabo San Lucas, the resort hosted Barack Obama and Hillary Rodham Clinton during the G20 conference in 2012. Each of the resort's 57 rooms occupy an entire floor of a series of casitas — small houses — that make up the resort. All rooms face the Sea of Cortez, with the upper floors featuring floor-to-ceiling windows that can be swung open to create an indoor-outdoor living space, including a private hot tub on the terrace. The resort's spa was recently named the best in Latin America by Travel + Leisure. esperanzaresort.com



Flora Farm

Found near San Jose del Cabo, Flora Farm was built more than a decade ago by a California couple keen on carving an organic farm out of the desert landscape. The 10-acre complex has become a popular dining spot for locals and visitors, with everything cooked either grown on site or — in the case of the meat — raised at a second 150-acre farm owned by Flora's owners. Reservations are recommended. flora-farms.com.

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Located where the Pacific Ocean meets the Sea of Cortez, Los Cabos has gained a reputation as a desert playground for the stars. Secluded on the southern tip of the Baja peninsula, the communities of Cabo San Lucas and San Jose del Cabo appear more SoCal than Mexico, offering everything from spas and eco tours to exclusive resorts.

DEAN LISK

dean.lisk@metronews.ca

The Arch - El Arco

A rock formation at the southern tip of Cabo, the area features a number of beaches along with eroded areas that act as doorways where the Sea of Cortez crashes against the Pacific Ocean. On the sea side, a series of beaches, like Lovers and Pelican Rock, drop off swiftly, with the water depth reaching 25 to more than 500 feet within a few metres of shore. On the ocean side, the current along Divorce Beach is too strong for swimming, but its position facing west means more tanning time.



Accommodations

Where you stay in Los Cabos all depends on the experience you want to have.

- Las Ventanas Al Paraíso.** The resort's name translates into Windows to Paradise, and for good reason: from arranging over-the-top wedding proposals to massages for pets, the resort makes sure your every wish is realized. There isn't even a front desk. Instead, guests are greeted personally at the entrance by a concierge. rosewoodhotels.com/en/las-ventanas-los-cabos
- One & Only Palmilla.** With its original villa built in 1956 as a 15-room luxury hideaway for the son of the President of

Mexico and his actress girlfriend, the resort has been hosting Hollywood stars ever since. Not only does it feature one of the few swimmable beaches in the region, but it also boasts the four-bedroom Villa Cortez, a more than 10,000 square foot private hotel-in-a-hotel with a staff of 12. Depending on the season it rents for \$11,500 to \$22,000 US per night palmilla.oneandonlyresorts.com

- Capella Pedregal.** Located in Cabo San Lucas, the resort is only accessible through a tunnel that was blasted through a large hill separating the city from the Pacific Ocean. The complex blends seamlessly into the mountain-side, including the cliff

hugging El Farallon restaurant at the northern end of the property. The resort contacts you a couple weeks before you check in to make sure your stay is perfect. capellahotels.com

- Bahia Hotel.** Found in downtown Cabo San Lucas, the 85-room Bahia is half-renovated, featuring modern suites and rooms with the hotel's original 1960s decor — including large stucco-relief clam shells above the beds. The older rooms attract a loyal clientele. Catering to a younger crowd keen on being near the city's night-life, the hotel includes free Wi-Fi, a pool and popular street-side restaurant that has to expand into the hotel lobby on the weekend to accommodate diners. bahiacabo.mx

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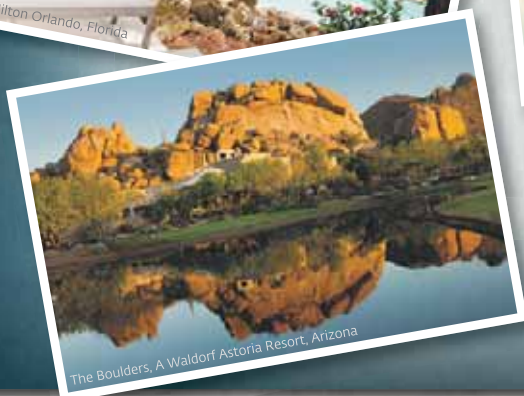
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Roll everything minus the kitchen sink into these sweet and salty treats

This is the cookie to make when you're looking to clean out the cupboards.

You'll pack them with all manner of treats — and oddities — from rolled oats,

Ingredients

- 1 cup (2 sticks) unsalted butter, room temperature
- 1 cup packed brown sugar
- 1/2 cup granulated sugar
- 1 tsp baking soda
- 1 tsp baking powder
- 1 tsp kosher salt
- 1 egg
- 1 egg yolk
- 2 tsp vanilla extract
- 2 tbsp previously brewed coffee grounds
- 2 cups all-purpose flour
- 3/4 cup rolled oats
- 3/4 cup chopped prunes
- 1 cup crushed wavy potato chips
- 1 cup salted peanuts
- 1 cup chopped bittersweet chocolate

peanuts and chocolate chips to chopped prunes, crushed potato chips and even coffee grounds (trust us on that last one). The more unusual the combination, the better the results. But don't feel you have to stop there. Got any other crackers, chips, nuts or dried fruit handy? Toss them in and let these cookies truly earn their kitchen sink name.

1. Heat the oven to 350 F. Line a large baking sheet with kitchen parchment.

2. In a large bowl, use an electric mixer to beat together the butter, both sugars, baking soda, baking powder and salt until light and fluffy. Beat in the egg, egg yolk, vanilla and coffee grounds. Stir in the flour, then stir in the oats, prunes, potato chips, peanuts and chocolate.

3. Working in batches, scoop one tablespoon-sized balls of dough onto the prepared bak-

Sweet-and-Salty Kitchen Sink Cookies



This recipe makes four and a half dozen cookies. MATTHEW MEAD, THE ASSOCIATED PRESS

ing sheet, leaving 2 inches between the cookies. Bake for 11 to 13 minutes, or until light golden brown. Allow the cook-

ies to cool for 5 minutes on the baking sheet before transferring to a rack to cool completely. Allow the baking sheet to

cool between batches. Store in an airtight container at room temperature.

THE ASSOCIATED PRESS

Drink of the Week

Bombay Butter Toddy

- 1 and 1/2 oz Bombay Sapphire
- 1/2 oz Drambuie
- 6 oz Mulled Apple Cider
- 1 knob butter

Mulled Apple Cider

- 2 L apple cider
- 4 cinnamon sticks
- 4 orange slices
- 2 tbsp brown sugar
- 1 tbsp nutmeg
- 1 tbsp whole allspice
- 1 tbsp whole cloves
- 1/2 inch fresh ginger (cut into coins)

On medium heat, mull the apple cider for an hour. Stir occasionally. Add Bombay Sapphire, Drambuie and a knob of butter to mug. Pour in mulled cider. Garnish with cinnamon stick and apple slice. Use cinnamon stick to stir in butter as it melts into drink. TROY GILCHRIST/ BOMBAY SAPPHIRE



Freeze-dried strawberries add blast of flavour

1. In bowl, use electric mixer to beat together the butter, sugar, vanilla, baking powder and salt. Add the egg yolks and beat to

combine. Stir in the flour until a dough just comes together. Stir in the strawberries and pistachios until evenly distributed.

Ingredients

- 1 cup (2 sticks) unsalted butter, room temperature
- 1 cup sugar
- 2 tsp vanilla extract
- 1/2 tsp baking powder
- 1/4 tsp salt
- 2 egg yolks
- 2 cups all-purpose flour
- 1 cup crushed freeze-dried strawberries
- 1 cup chopped shelled pistachios
- Sanding (coarse decorating) sugar

2. Divide the dough in half. Using a sheet of waxed paper to help you work with the dough, shape each half into a log 1 1/2 inches around and 12 inches long. Wrap tightly and refrigerate for at least 3 hours.

3. When ready to bake, heat the oven to 375 F.

4. Place the sanding sugar in a dinner plate. Unwrap one of the logs and roll it in the sugar to coat the sides. Using a paring knife, slice the log into about 30

rounds. To prevent the log from losing its shape, turn the log a little with each slice. Working in batches, arrange the slices on a baking sheet, leaving 1 inch between them.

5. Bake for 15 to 17 minutes, or until golden brown around the edges. Transfer to a rack to cool completely. Repeat with the remaining log.

6. Store cookies in an airtight container at room temperature.

THE ASSOCIATED PRESS

Strawberry Pistachio Icebox Cookies



This recipe makes five dozen cookies. MATTHEW MEAD/ THE ASSOCIATED PRESS

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Back away from the tech device and take it all in

Books without beeps.

A professor pitches the idea of putting cellphones away in hopes of inspiring authentic interaction

VICKI
SALEMI

Metro World News

Pick a campus, any campus. As you stroll around, chances are you'll notice fewer students without a tech device than with them: all the more reason for Andrew Reiner, an English professor at Towson University, to teach his course, *The Search for Intimacy in the Age of Facebook*.

"As I started teaching at the college level, I was getting a vibe there was a lot of disconnect. Whether it was walking to dining halls, libraries or when I'd walk into class — there were endless amounts of phone activity and Facebooking."

Reiner's overall purpose was to help students find authenticity and springboard into relationships with others. He wants his students to disengage online to re-engage offline. For instance, Reiner has given students a tech-free assignment based on an essay from a book called *The Sabbath*. Reiner realizes that he can't deny students their technology, but he encourages them to become independent from it, taking a four-hour break from social media as part of the class.

"It's really not that long, but to them it was a lifetime," he explains. "They had to do something by themselves that did not involve homework or being plugged in and write a guided reflection. Reflections that came back spoke to a kind of disconnect from



Does the thought of putting your phone down for five minutes send shivers down your spine? Try four hours. ISTOCK

Status update slow-down

"The need to be in touch breeds hyper-conformity. You're like a pariah if you're not on Facebook for a day."

Andrew Reiner
English professor

themselves."

In another recent assignment, students sat alone in a crowded lunchroom. They weren't allowed to use smartphones, laptops, do schoolwork, use social media or text. "The need to be in touch breeds hyper-conformity. You're like a pariah if you're not on Facebook for a day."

Describing it as a "very deliberate and conscious way" to defy technology, Reiner's goal is to teach students to be

in control of technology and not the other way around.

"All it really requires is the willingness to impose some boundaries on the extent to which I get back to people and the speed at which I get back to [them]," he says. Reiner fears that not setting boundaries for technology may have dire implications for society. "I'm scared for our culture, for the world that my 2-year-old is entering into," he says. In order to set boundaries and reconnect with life offline — in addition to regular four-hour "Sabbaths" — Reiner recommends writing monthly letters to tell someone something you have wanted to share for "a few days, months or even years."

And make it meaningful, he recommends: "Tell them something that deeply matters to you, whether it's resentment, hurt or gratitude.

... Frame the truth in an honest, respectful tone. [It's] about reconnecting with a deeper, personal authenticity and discovering that confrontation can be civil and productive without the stress."

Students weigh in on letting go of technology

Leonard Randall Chisolm, college sophomore: "Technology is great; it's a great way to stay in touch.

I think some people abuse it and at times I have abused it but there are some times you have to control yourself and say, 'Get me get back to the real world.' I'll go to the gym and leave my phone down for two or three hours and play basketball. I come back to my phone. I can be okay with it; there are one or two things

you may miss but I don't think you're missing the whole world. Maybe you want to be the first person to see a funny video, see a funny picture or a game score but it's the internet so you'll always be able to find it somewhere."

Grace Delmar, university sophomore:

"I try not to use electronics like my phone when I am eating with friends, as I find it impolite and distracting from the present. However, if I am eating alone, it is a much different story. If I were sitting alone at lunch, I would be very uncomfortable without technology. I wouldn't really know what to do or look at." "I think that's part of the fear of going without technology, though I also think it has to do with worrying about how other perceive you. Though some are comfortable eat-

TalentEgg asks...

#QuestionoftheDay: Is it a bad idea to be Facebook friends with a professional contact? Why (not)?



• **@nikkiwray:** @TalentEgg Depends on company culture. I have been FB friends with my boss + team. We shared fun content on FB @ work! #questionoftheday

• **@mp256:** @TalentEgg No. I prefer to segregate my personal and professional life #QuestionoftheDay

• **@EDSPowell:** @TalentEgg I am Facebook friends with my long-time associate @mikerice. It's never been a problem — he sent me a cat picture on my birthday.

• **@ThatPrince:** @TalentEgg It depends on the circumstances. A lot of community managers become Facebook friends with co-workers to grant admin privileges

• **@Recruit_Campus:** @TalentEgg: #QuestionoftheDay! Usually yes, I'd recommend waiting until one of you leaves the company before connecting!

• **@Tomiibecca:** @TalentEgg depends on your role. For managers who have people reporting to them it's usually better to separate work/personal.

ing alone, I am not, as I feel people might be judging me or feeling sorry for me. Though I'm sure this is not the case, I know many people at many different colleges who feel the same. Having a phone or computer out can be a distraction from this feeling, or it can make us feel more connected with friends and people who aren't there. Perhaps as a little self-esteem boost and a sense of comfort that we're not alone."



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NHL. The Great One scores \$8M settlement



Wayne Gretzky at the Capitals-Canadiens game in Washington on Nov. 22. GREG FIUME/GETTY IMAGES

The NHL has reached a settlement with Wayne Gretzky to pay him money owed from his time with the Phoenix Coyotes, multiple sources with knowledge of the situation told The Canadian Press.

It was worth close to \$8 million US, according to one source, who spoke on condition of anonymity.

Gretzky was owed money from former Coyotes owner Jerry Moyes. He filed for bank-

ruptcy in 2009, leading to the NHL's ownership of the team until it was sold to a group led by Canadian businessmen this past summer.

Gretzky had served as coach and head of hockey operations before the Coyotes went bankrupt.

He made an appearance on the red carpet at last month's Hockey Hall of Fame induction ceremony at the insistence of Chris Chelios. Since

then, he was seen at a Washington Capitals game sitting with owner Ted Leonsis.

But Gretzky hadn't been officially involved with the NHL since the Coyotes situation.

"I'm always close to the game," Gretzky said last month at the Hall of Fame.

"I've chosen at this point in time to take a step back and be a fan like everyone else and watch." **THE CANADIAN PRESS**

MLB

Fister excited to join Nationals

New Washington Nationals pitcher Doug Fister was aware of the "rumours going around," as he put it Tuesday, that he or AL Cy Young Award winner Max Scherzer might be traded by the Detroit Tigers.

So while Fister said there's a "world of mixed emotions" about leaving the familiarity and friendships with the Tigers and being "thoroughly excited" about joining the Nationals, he was prepared for Monday's deal.

He went 14-9 with a 3.67 ERA last season.

THE ASSOCIATED PRESS

Skiing

Vonn could return at Lake Louise

Lindsey Vonn has been cleared to begin World Cup downhill training.

The U.S. Ski Team said that a decision on whether Vonn will return to competition at Lake Louise will be made after Thursday's training session.

THE ASSOCIATED PRESS

NBA

Mozgov a golden Nugget off bench

Timofey Mozgov had 17 points and a career-high 20 rebounds in another superb effort by the Denver bench, and the Nuggets raced by the Brooklyn Nets 111-87 Tuesday night for their seventh straight victory.

The Nuggets got 57 points from the NBA's second-highest scoring second unit.

THE ASSOCIATED PRESS

Monahan staying put with the Flames

World juniors.

Rookie centre won't be released for a chance to win gold in Sweden

Lone NHLer

Canada will hold its selection camp with just one NHL player: Minnesota Wild defenceman Mathew Dumba.

The Calgary Flames will not release Sean Monahan to play for Canada at the upcoming world junior championships.

General manager Jay Feaster announced that Tuesday, explaining the organization's case for keeping the 19-year-old centre in the NHL during the event.

"We have spent a great deal of time discussing and debating the pros and cons of the situation in the context of what is best for Sean's continued professional development as a hockey player, as well as what is in the best interests of our team, our fans and our organization," Feaster said. "We have concluded that in light of the prominent role

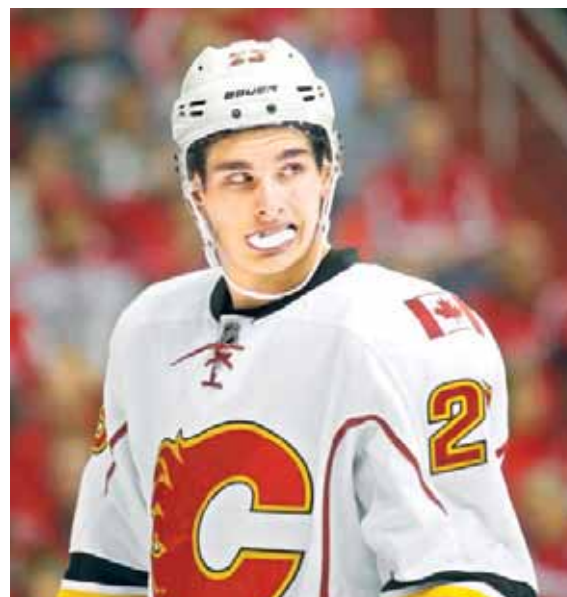
Sean has played on our team to date, and the role we project he will continue to play once he returns from his injury, that Sean will remain with our hockey club."

Monahan, the No. 6 pick in June's draft, has nine goals and six assists in his first 24 games for Calgary. He's currently out with a fractured left foot, but it was Hockey Canada's hope that the Flames would let him go to the world juniors as something of a rehab assignment.

Instead, he'll be staying with Calgary for the duration.

The IIHF World Junior Championship begins Dec. 26 in Malmo, Sweden.

THE CANADIAN PRESS



Sean Monahan, who's currently out with a fractured left foot, will not be released by the Flames to play in the upcoming world junior championships. GETTY IMAGES FILE



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Stajan ain't stayin' as Flames' top pivot



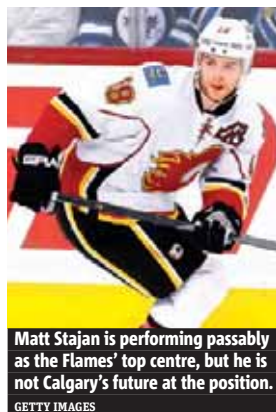
THE HOCKEY NEWS
Brian Costello
calgary@metronews.ca

Matt Stajan has come a long way from Calgary Flames' whipping boy, to healthy scratch, to buyout candidate, to where he is right now — the No. 1 centre on a rebuilding team.

Full marks to Stajan for his resiliency and professional approach during his roller-coaster ride. I've been a big critic of Stajan in his Calgary years and I applaud him for what he's done with ample opportunity this season.

But that's where it stops. I'm not in the camp that thinks Stajan, a pending UFA in the off-season, should be re-signed as the veteran leader through the next few seasons of Calgary's long climb through the reeds.

Let's take this for what it really is. Stajan is a third-liner



Matt Stajan is performing passably as the Flames' top centre, but he is not Calgary's future at the position.
GETTY IMAGES

playing heavy minutes on the first line. He's rising to the occasion. But at the end of the day, he's still a third-liner.

As the Flames roster improves with youth and probably a big, beefy Western Conference No. 1 centre, Stajan is destined to fill the utility role he's suited to play — that being to kill penalties in 12-15

Reality check

"Let's take this for what it really is.... Stajan's rising to the occasion. But at the end of the day, he's a third-liner."

minutes on the third line.

There are a lot of teams out there who could use a soldier like Stajan for a playoff run. That's why the Flames should trade him as the March 5 deadline approaches, not sign him. Continue to play him 20-plus minutes a game, let him shine on the penalty kill, let his playmaking skills show.

If he continues to over-perform, Stajan should yield a decent prospect in return. Or a second-round draft pick. Signing him for a few more seasons to act as a veteran leader would be admitting the status quo is good enough. And I don't think anyone in Calgary wants the status quo.

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Boston	27	18	7	2	75	55	38
Montreal	28	16	9	3	76	59	35
Detroit	28	14	7	7	78	73	35
Tampa Bay	27	16	10	1	76	67	33
Toronto	28	14	11	3	77	77	31
Ottawa	28	11	13	4	82	92	26
Florida	28	7	16	5	61	95	19
Buffalo	28	6	20	2	48	85	14

METROPOLITAN DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	29	19	9	1	89	66	39
Washington	28	14	12	2	83	82	30
NY Rangers	28	14	14	0	62	71	28
New Jersey	28	11	12	5	61	67	27
Carolina	28	11	12	5	61	79	27
Philadelphia	27	12	13	2	57	65	26
Columbus	28	11	14	3	68	80	25
NY Islanders	28	8	15	5	74	96	21

Tuesday's results

San Jose 4 Toronto 2
Phoenix 6 Edmonton 2
Vancouver 3 Nashville 1
Ottawa 4 Florida 2
Carolina 4 Washington 1
Pittsburgh 3 NY Islanders 2 (OT)
Columbus 1 Tampa Bay 0
Dallas 4 Chicago 3
Los Angeles at Anaheim

Monday's results

Winnipeg 5 NY Rangers 2
Montreal 3 New Jersey 2
Minnesota 2 Philadelphia 0
Los Angeles 3 St. Louis 2

Wednesday's games — All times Eastern

Montreal at New Jersey, 7 p.m.
Philadelphia at Detroit, 8 p.m.
Phoenix at Calgary, 10 p.m.

Thursday's games

Dallas at Toronto, 7 p.m.
San Jose at Pittsburgh, 7 p.m.
NY Rangers at Buffalo, 7 p.m.
Winnipeg at Florida, 7:30 p.m.
Boston at Montreal, 7:30 p.m.
Ottawa at Tampa Bay, 7:30 p.m.
Carolina at Nashville, 8 p.m.
NY Islanders at St. Louis, 8 p.m.
Chicago at Minnesota, 8 p.m.
Colorado at Edmonton, 9:30 p.m.

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	29	20	5	4	105	80	44
St. Louis	26	18	5	3	91	60	39
Colorado	25	19	6	0	76	52	38
Minnesota	29	16	8	5	70	67	37
Dallas	26	13	9	4	74	76	30
Winnipeg	29	13	12	4	78	82	30
Nashville	28	13	12	3	63	78	29

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
San Jose	27	19	3	5	96	62	43
Anaheim	29	18	7	4	91	77	40
Los Angeles	28	17	7	4	73	60	38
Phoenix	27	16	7	4	91	86	36
Vancouver	30	15	10	5	80	78	35
Calgary	26	9	13	4	70	93	22
Edmonton	29	9	18	2	75	101	20

Note: 2 points for a win, 1 point for overtime loss.

SCORING LEADERS

	G	A	Pt
Crosby, Pgh	13	23	36
Malkin, Pgh	7	28	35
Steen, StL	20	11	31
Getzlaf, Ana	13	18	31
Kane, Chi	16	14	30
Tavares, NYI	11	19	30
Zetterberg, Det	11	19	30
Ovechkin, Wash	21	8	29
Perry, Ana	15	14	29
Thornton, SJ	4	25	29
H. Sedlin, Van	7	21	28
Kunitz, Pgh	14	13	27
Couture, SJ	9	18	27
Karlsson, Ott	7	20	27
Marleau, SJ	12	14	26
Little, Win	12	14	26
Ryan, Ott	13	12	25
Backes, StL	12	13	25
Toews, Chi	12	13	25
D. Sedlin, Van	10	15	25

MLS PLAYOFFS

MLS CUP

Saturday's game

Kansas City vs. Salt Lake, 4 p.m., EST

NFL

Monday's result

Seattle 34 New Orleans 7

WEEK 14

Thursday's game — All times Eastern

Houston at Jacksonville, 8:25 p.m.

Sunday's games

Kansas City at Washington, 1 p.m.

Minnesota at Baltimore, 1 p.m.

Buffalo at Tampa Bay, 1 p.m.

Oakland at N.Y. Jets, 1 p.m.

Miami at Pittsburgh, 1 p.m.

Cleveland at New England, 1 p.m.

Indianapolis at Cincinnati, 1 p.m.

Atlanta at Green Bay, 1 p.m.

Detroit at Philadelphia, 1 p.m.

Tennessee at Denver, 4:05 p.m.

N.Y. Giants at San Diego, 4:25 p.m.

Seattle at San Francisco, 4:25 p.m.

St. Louis at Arizona, 4:25 p.m.

Carolina at New Orleans, 8:30 p.m.

Monday, Dec. 9

Dallas at Chicago, 8:40 p.m.

NBA

Tuesday's results

Denver 111 Brooklyn 87
Memphis 110 Phoenix 91
Philadelphia 126 Orlando 125 (2OT)
Dallas 89 Charlotte 82
Boston 108 Milwaukee 100
Detroit 107 Miami 97
Oklahoma City at Sacramento
Toronto at Golden State

Monday's results

Washington 98 Orlando 80
New Orleans 131 Chicago 128 (3OT)
San Antonio 102 Atlanta 100
Utah 109 Houston 103
Portland 106 Indiana 102

Wednesday's games — All times Eastern

Denver at Cleveland, 7 p.m.
L.A. Clippers at Atlanta, 7:30 p.m.
Phoenix at Houston, 8 p.m.
Detroit at Milwaukee, 8 p.m.
Dallas at New Orleans, 8 p.m.
Indiana at Utah, 9 p.m.

San Antonio at Minnesota, 9:30 p.m.

Oklahoma City at Portland, 10 p.m.

Thursday's games

New York at Brooklyn, 7 p.m.
L.A. Clippers at Memphis, 8 p.m.
Miami at Chicago, 9:30 p.m.

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ZOOM-ZOOM



GT model with Technology Package shown. Certain features available only on 2014 Mazda3 GS and GT models.

2014 Kia Soul



ALL PHOTOS KIA

Review. Still quirky, but with a beefier body and classier interior

MIKE GOETZ
Drive@metronews.ca

When quirky vehicles get their number called at the redesign department deli, they present an interesting dilemma to their design teams. How do you modernize or update them without making them too pretty?

It's much like Keith Richards — you don't want to smooth the hair, button the shirt up, or have him throw on more understated and elegant earrings, so he stops looking like a pirate. People love the pirate! So Kia did what it could only do when redesigning its quirky Soul for 2014 — change everything else except that iconic shape, face and tailgate.

The tailgate design was originally conceived around the idea of a backpack, and looks even more backpack-like this time around. The 2014 Soul is slightly longer and wider and lower than the outgoing model. Losing a bit of that top-heavy look and feel, and moving to a beefier platform, with lots more high-strength and ultra high-strength steel, have created a Soul that handles so much more proficiently and smoothly and quietly than the outgoing model.

Kyle Buller, the product planning supervisor at Kia Canada, says there is just as much high-strength steel in the new Soul as there is in the Audi A3.



The interior has an upscale feel and a circular theme.



The dash is simple but laden with the usual gadgets.

He adds that the size of the Hyundai-Kia group has enabled it to own and operate its own metal foundry. "We're able to source high-strength steel internally, which really helps in pricing."

Buller said Kia initially aimed the Soul at younger buyers, but older folks have gravitated to them because they are so easy to get in and out of... They also give empty-nest baby boomers that tall-in-the-saddle

feel of regular SUVs, but without the huge gas bill.

My baby boomer bones agree. The front door is nice and big, and it's easy as pie to slide over to the cushy driver's seat. The entire interior is a fantastic leap from the previous model, which was known for its cheap-feeling interior. This interior is upscale in feel, and entirely conceived in a "circular" theme. Everything that can be made into a round shape

2014 Kia Soul

- **Type.** Five-door, front-wheel-drive, compact "tall" wagon
- **Engines (hp).** 1.8-litre DOHC I4, (130), 2.0-litre DOHC I4 (164)
- **Transmissions.** Six-speed manual and six-speed automatic
- **Base price (incl. destination).** \$16,995

Design

The look has changed little from the previous model, which was originally conceived as the automotive equivalent of a British bulldog wearing a backpack. Slight lower, longer and wider proportions suggest better on-road performance.

Compare

- 1 **Nissan Juke**
Base price: \$19,998
- 2 **Scion xB**
Base price: \$18,960

had been made into a round shape. Even the steering wheel is round! Okay, so that was a no-brainer, but the wheel is really great too, with a very chunky and substantial feel.

The rear tailgate is very light and easy to use. But the load floor is quite high, which eats up a bit of storage space. And the rear seats don't entirely fold forward flat.

Both engines feature state-of-the-art direct injection (GDI in Kia-speak). The base 1.6-litre makes 130 hp and 118 lb-ft of torque, so it's not a rocket, but certainly adequate and certainly fuel-efficient: its City/Highway 1/100 km ratings for automatic models are 8.6 and 6.5. The upgrade 2.0-litre engine features dual-cam variable timing, and produces 164 hp and 151 lb-ft of torque, and when hooked up to the 6-speed automatic does the City/Highway thing at 8.8 and 6.5. This engine is also available in an ECO mode, which automatically shuts the engine down at idle (and restarts it soon as you hit the gas). The 2.0-litre in ECO trim knocks the city rating

down to 8.4 L/100 km.

The Soul represents pretty good value; especially as it more distinctly styled than most any else you could buy under \$20,000. The base LX starts at \$16,995, while an automatic LX goes for \$18,595. But most people will gravitate to high optioned trims, such as EX (\$20,795), EX+ (\$21,995), SX (\$23,595), and SX Luxury (\$26,995). It's hard to not like the Soul. Great style, great utility, very decent on-road performance, fuel economy and value. And my colleagues seem to agree. Fellow AJAC members have just named it a 2014 Car of the Year, as it won its segment for Best New Family Car Under \$30,000.

5 DRIVE



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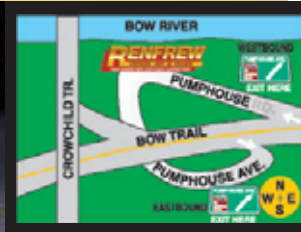
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Time we noticed the car-watch connection

Problems. After the recent introduction of McLaren's supercar companion watch, we look at the relationship between the timepiece and the automobile



AUTO PILOT
Mike Goetz
drive@metronews.ca

The famous Swiss watchmaker TAG Heuer recently introduced a companion watch to the McLaren MP4-12C supercar.

The McLaren MP4-12C accelerates from zero to 60 m.p.h. in about 2.9 seconds, give or take. The TAG Heuer MP4-12C Chronograph accelerates from zero to 60 seconds in, well, exactly 60 seconds, no give or take. Acceleration times aside, we see that fine watches and fine automobiles share much in common, and their lives have always converged, and continue to converge.

Clocks have always been necessary components of an automobile's dashboard. And the chronograph, which is both a stop watch and a display watch, has evolved into an elegant and iconic timepiece, which makes an evocation connection to the glamour days of automobile racing, when being a "gentlemen and amateur racer" was an actual occupation for privileged men, and privileged women went out of their way to drive expensive open-top sports cars, just so they could show off their fashionable sunglasses and kerchiefs.

But the car-watch connection seems more about their similar natures than how they interact with each other. "Watches and cars are both examples of functional objects that can also be beautiful and timeless — a combination of art and engineering," says Laurance Yap, a watch collector and writer, who also happens to be a gearhead, and director of marketing at Porsche Cars Canada. He also notes that in the luxury space, both the watches and the cars throw something else on the table — a connec-



The McLaren MP4-12C supercar now has a companion watch, the TAG Heuer MP4-12C Chronograph. PHOTO: MCLAREN

tion to a great brand. I guess on one level it's the brand snobbery thing, but Yap reminds us about the base elements that make a great brand so compelling... "All have great histories and great stories behind them."

Everybody's a sucker for a great story. I agree with the notion that we must be pre-wired to seek out storytellers and great stories, as way of filing our own and collective intelligence.

Or maybe, as Yap also points out, "high-end watches and

cars are both shiny and expensive and complicated." Me want watch. Me want car.

Seems to me that the relationship between high-end cars and high-end watches is actually deepening of late. You can't open a car magazine without hitting a swath of watch ads, or running across a column on watches. High-end car and watchmakers are making more and more alliances and creating more and more special edition watches every season. Watches are using design elements from

cars, and vice-versa.

The most famous and storied car brand/watch brand allegiance is probably Bentley and Breitling. They go back together a long way, even before David Beckham became Breitling's current famous-person product endorser. To his credit, Beckham is keeping his underwear modeling gig separate; never seen him in a Breitling ad without his pants on. That's classy David, and the way it should be for Breitling, and its automotive partner, Bentley.



The MP4-12C by TAG Heuer MCLAREN



Bentley Breitling watch. BENTLEY

The AJAC Car of the Year finalists

Automobiles Journalists Association of Canada Awards.

Mazda takes three categories at the annual announcement



The Mazda3 is a finalist. HANDOUT

The Automobile Journalists Association of Canada has narrowed down 36 potential winners to 12 finalists for the 2014 Canadian Car of the Year Award. A group of 80 AJAC members — journalists representing news outlets from coast to coast — test-drove 174 vehicles during a week-long series of trials in Niagara Falls this past October.

The annual fall new auto test event is conducted to evaluate the vehicles in the dozen categories on the same day, over the same route, including a high-speed test circuit and/or a simulated off-road course or cottage road, depending on the category.

Testers ranked a wide range of attributes covering design, space, quality, performance,

safety, economy and value. Professional test drivers also graded every vehicle for acceleration from rest and for passing acceleration and braking.

Transport Canada fuel consumption figures were also factored in. Vehicle traits are weighted differently in the various categories, taking into consideration that aspects like acceleration are more important for a sports car than a pickup truck.

The vehicle's price is also considered in the sense that expensive vehicles should naturally offer better performance and style than lower-priced wheels.

All of the data gathered has been compiled by the account-

12 Category finalists

- Small Car (under \$21k): Mazda 3
- Small Car (over \$21k): Mazda 3 Sport
- Family Car (under \$30k): Kia Soul
- Family Car (over \$30k): Mazda 6
- Luxury Car (under \$50k): Lexus IS 350 RWD
- Luxury Car (over \$50k): Infiniti Q50 Hybrid
- Sports/Performance (\$50k+): Chevrolet Corvette Stingray
- Prestige Car (over \$75k): Mercedes-Benz S Class
- SUV/CUV (under \$35k): Jeep Cherokee
- SUV/CUV (\$35k to \$60k): Kia Sorento
- SUV/CUV (over \$60k): Acura MDX
- Pickup: GMC Sierra

ing firm KPMG. The next step in the process will be the selection the Car of the Year and the Utility Vehicle of the Year (truck or SUV), which will be announced on Feb. 13, 2014.

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Horoscopes

Aries

March 21 - April 20

You will hear something amazing today but can you believe it? If it sounds too good, check it out first. Commit too soon and you could find you've signed up for something that does you no good.

Taurus

April 21 - May 21

The only thing to fear is fear itself, so put your doubts behind you and plunge headlong into the unknown. That might not sound like a typically Taurus thing to do but, what have you got to lose?

Gemini

May 22 - June 21

Someone in a position of power thinks you're pretty special and if you are smart you will play up to it and make it pay. Use your way with words to get a promotion.

Cancer

June 22 - July 23

If someone is difficult to get along with today, you should make it your business to find out why. Most likely it is nothing too serious and may even be something you are able to help with.

Leo

July 24 - Aug. 23

You may have no particular interest in the chores you are expected to do today, but do them anyway and make sure you do a good job. Come the weekend, you will be free again to pursue your own interests.

Virgo

Aug. 24 - Sept. 23

Family relationships are under favourable stars, so reach out to someone you love and let them know how you feel. Some say Virgos are cool, so now is your chance to prove them wrong.

Libra

Sept. 24 - Oct. 23

Use your head today, especially when dealing with people who tend to get emotional over trivial matters. No matter how agitated they may get, you must stay focused on the facts.

Scorpio

Oct. 24 - Nov. 22

You may have deep feelings about a situation but you must not let emotions get in the way of what needs to be done. Yes, of course, love makes the world go around but it needs a dash of common sense too.

Sagittarius

Nov. 23 - Dec. 21

If a tough decision is called for, you must make it and live with the consequences. The planets warn the worst possible thing you can do is to hedge your bets. Come down on one side of the fence or the other.

Capricorn

Dec. 22 - Jan. 20

Act rationally today, even if it gets you a rep as someone who is all head and no heart. Experience has taught you that people who follow only their emotions usually end up with nothing worth having.

Aquarius

Jan. 21 - Feb. 19

Don't make any hasty decisions today. You may believe you know all the facts but the planets warn there is one little thing you have overlooked — and that one little thing could have very big consequences.

Pisces

Feb. 20 - March 20

Someone who has a lot more experience than you could be of help today, but you need to remember that they can't read your mind. Spell things out for them. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Show about Mary, Queen of Scots on which Megan Follows plays Queen Catherine
6. Denied club entry because of it, e.g.:

10. Carpentry wedge

14. Gluck opera: ed Euridice

15. Consequently

16. "I thought we deal?"

17. Mr. Eastwood

18. Linguist Mr. Chomsky

19. Jealousy

20. Edmonton-born actress Jill

22. Appearances

24. Scrooge's seasonal sentiment

25. Confusion-causing mess

26. Thomas Mulcair, Leader of the

30. Pressure meas.

33. Greek Myth: Crete's bronze guardian

34. Ancient Egypt: Sun god's namesakes

35. Look over

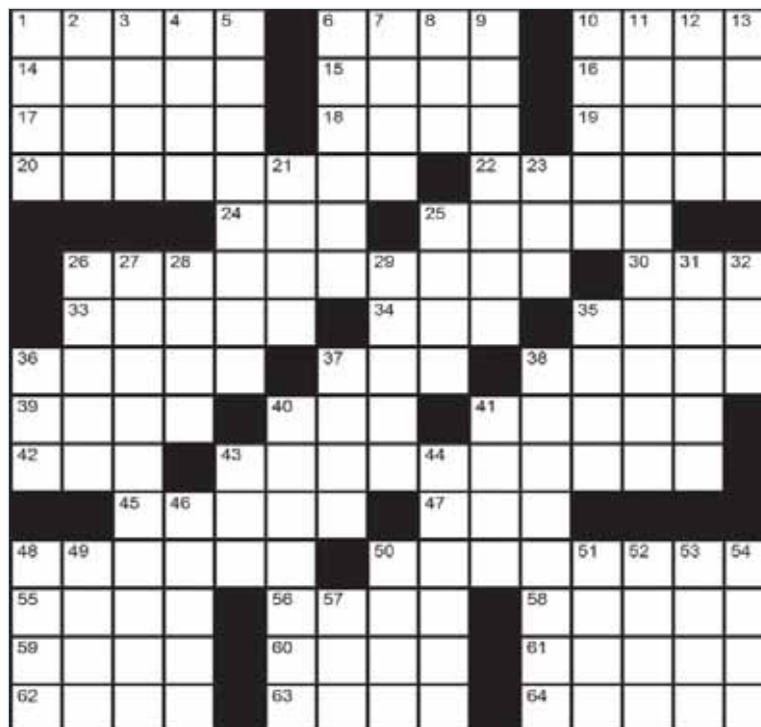
36. Mike Myers character

37. the Record Man

38. Cook's creations

39. Prefix meaning 'Trillion'

40. Illinois city, for short



41. Rings loudly

42. Jimmy

43. Charlie the (Creature on Prime

Minister Harper's annual Christmas card)

45. Ms. Jessica Parker

47. Small, small-ly

48. Bruce of "Dragons' Den"

50. Brian, Canadian sportscaster

55. monde (High society)

56. Sandwich time

58. Provide

59. " way, shape or form!"

60. Util. bill

61. Serviceable

62. Subtraction opp.

63. Mascara spot

64. Routines

Down

1. Mr. Voisine

2. Perry Mason creator, Stanley Gardner

3. "doubt..."

4. West Coast painter,

Robert

5. Rachel McAdams/Ryan Gosling movie, "The" (2004)

6. Mayor of Calgary, Naheed

7. 'Plata' (Montana's state motto)

8. Grocery store chain

9. Pizza chain

10. Bundle

11. Upon answering the phone, hearing 'click': 2 wds.

12. '50s song: "If I Knew You Were Comin' Baked a Cake"

13. "Ain't That the Truth" by Canadian rocker Matt

21. Back talk

23. Earth inhabitant

25. Thailand, formerly

26. Survey selection

27. Ontario town on Georgian Bay: 2 wds.

28. Entreaty

29. Public transport

31. Dance style

32. Advantages

35. Sigil

36. '90s gr.

37. Tzu (Cute dog)

38. Food Labels: Best Before... Avant...

40. Station

41. and Don, The Everly Brothers

43. -Magnon

44. Settle the deal

46. Country great Hoyt

48. Christmastime 'pet'

49. Author Ayn

50. Troubles

51. Keen on

52. Mine entrance

53. Donkey/horse

54. Spots

57. 'Pay' suffix

Yesterday's Crossword

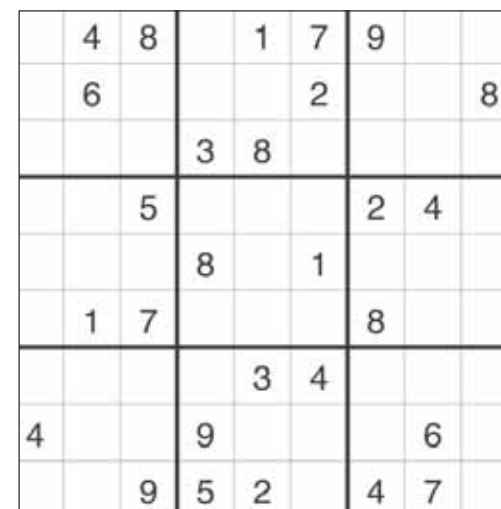


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Weather

TODAY

THURSDAY

FRIDAY



MAX: -18°
MIN: -18°



MAX: -22°
MIN: -26°



MAX: -15°
MIN: -24°



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Northeast

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Marlborough Mall

Pacific Place

Sunridge Mall

1353 32nd Ave. NE

2520 23rd St. NE

Rocky View

CrossIron Mills

Southwest

Bankers Hall

Bow Valley Square

Chinook Centre

The Core

Southcentre Mall

Westbrook Mall

Westhills Towne Centre

321 6th Ave. SW

2008 33rd Ave. SW

4623 Bow Trail SW

6039 Centre St. S

4825 Macleod Trail SW

Southeast

Deerfoot Meadows

Shepard Centre

16061 Macleod Trail SE

1288 42nd Ave. SE

3012 17th Ave. SE

4410 50th Ave. SE

7845 Flint Rd. SE

Airdrie

2145 Summerfield Blvd.

Strathmore

55 Wheatland Trail

331 3rd Ave.

Okotoks

31 Southridge Dr.

118 Elizabeth St.

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